

- 2024 -

FEBRUARY

Go Like the Wind Montessori

**Breakfast and Lunch Free for
4-year-old Primary and K-6
Students.**

**3-year-old Primary Students will
Receive a Free Breakfast and may
purchase a lunch for \$1.50.**

**Breakfast includes Milk, Fresh
Fruit/Juice.**

M - Cereal
T - Wg Muffins
W - Yogurt/Grahams
Th - Bagel/Jelly
F - Cereal Bar

**Lunch includes Milk, * Fresh
Fruit & *Vegetables.**

***Season available Fresh Fruit
& Veggies:** Apples, Oranges,
Peaches, Pears, Banana,
Watermelon, Strawberries,
Cucumbers, Cauliflower

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MONDAY

5
Hamburger on Wg Bun
Red Peppers
Country Apples

12
Mini Corndogs
Sweet Tater Tots
Mandarin Oranges

19
NO SCHOOL

26
Hot Dogs on Wg Bun
Baked Beans
Orange Slices

TUESDAY

6
Chicken Tenders
Broccoli
Wg Crackers
Peaches

13
Soy Butter & Jelly
Cheese Sticks
Carrots/Hummus
Wg Crackers
Strawberries

20
Chicken Patty on Wg Bun
Oven Fries
Pineapple

27
Sweet & Sour Chicken
Steamed Carrots
Wg Cracker
Mixed Fruit

WEDNESDAY

7
Omelet
Green Beans
Wg Muffin
Blueberries

14
Turkey Sub on Wg Bun
Red Peppers
Wg Crackers
Blueberries

21
Hamburger on Wg Bun
Steamed Corn
Fresh Grapes

28
Wg Mini Pancakes
Sausage Links
Green Beans
Strawberry Cup

THURSDAY

1
Grilled Cheese
Fresh Salad
Fresh Grapes

8
Salisbury Steak
Mashed Potatoes
Breadsticks
Fresh Apples

15
Big Daddy Pizza
Cucumber Slices
Orange Slices

22
Walking Taco-Beef
Fiesta Beans
Cinnamon Apples

29
Salisbury Steak
Mashed Potatoes
Wg Roll
Fresh Kiwi

FRIDAY

2
Wg Cheese Pizza
Carrot Sticks
Pineapple

9
Wg Pepperoni Pizza
Cucumber Slices
Pears

16
NO SCHOOL

23
Wg Cheese Pizza
Carrots/Dip
Peaches