



# JANUARY | 2024

## Whitmore Lake Middle/High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2	3	4	5
<b>No School - Winter Break</b>				
8	9	10	11	12
Traditional or Spicy Chicken Patty WG Bun Wedge Fries Applesauce	Walking Tacos Beef Taco Meat Cheese/Lettuce/Tomato Refried Beans Tropical Fruit	Macaroni and Cheese WG Breadstick Steamed Broccoli Apple Slices	Yogurt Parfaits WG Muffin String Cheese Carrot Sticks Banana	Yogurt Parfaits WG Muffin String Cheese Carrot Sticks
15	16	17	18	19
No School	Hamburger WG Bun Waffle Fries Baked Beans Pears	Sweet and Sour Chicken Rice Pilaf Malibu Vegetables Mandarin Oranges	Ravioli WG Garlic Twist Steamed Cauliflower Grapes	Dominos Pizza Day! Romaine Lettuce Sweet Red Peppers Fruit Slushie
22	23	24	25	26
Pulled Pork Sandwich WG Bun Sweet Tater Tots Cole Slaw Craisins	Chicken Nuggets WG Roll Mashed Potatoes w/ Gravy Steamed Corn Mixed Fruit	Spaghetti and Meatballs WG Garlic Toast Steamed Peas Blueberries	Chicken Pot Pie WG Biscuit Romaine Lettuce Fresh Apple	French Bread Pizza Hummus Cup Celery Sticks Fruit Smoothie Bowl
29	30	31	1	2
Chicken Tenders Rice Mixed Vegetables Peach Cup	Nacho Supreme Beef Taco Meat Cheese/Lettuce/Tomato Fiesta Beans Pineapple	Mini French Toast Sausage Links Hashbrown Patty Green Beans Strawberry Cup	Broccoli Soup Hot Ham and Cheese Sub Mixed Peppers Clementine	Fresh Baked Pizza Pepperoni/Cheese Romaine Lettuce Cherry Tomatoes Mixed Berry Cup

### News

#### FREE BREAKFAST

Includes a Milk and Fruit or Juice  
Students will grab breakfast on their way to class.

**M** – Frudel

**T** – Breakfast Tornado

**W** – Pancake Wraps

**Th** – French Toast Sticks

**F** – Cinnamon Roll

Breakfast Sandwich Served Daily

#### FREE LUNCH

Includes a Milk, Fruit and Vegetable

Daily Alternative Meals include:  
Fruit or Juice, Vegetable of the Day  
and Fruit/Salad Bar with Milk  
PB&J Uncrustable  
Fruit and Yogurt Parfait  
Deli Sandwich  
Hot Slide options W/  
Vegetable of the day  
Fruit/Salad Bar

A La Carte Items Available

**Student accounts will be charged for all a la carte items purchased.**

**To deposit funds for your student go to:**

**whitmore.familyportal.cloud**