



# JANUARY | 2024

## Whitmore Lake Middle/High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### News

**No School - Winter Break**

1

2

3

4

5

8

Traditional or Spicy  
Chicken Patty  
WG Bun  
Wedge Fries  
Applesauce

9

Walking Tacos  
Beef Taco Meat  
Cheese/Lettuce/Tomato  
Refried Beans  
Tropical Fruit

10

Macaroni and Cheese  
WG Breadstick  
Steamed Broccoli  
Apple Slices

11

Yogurt Parfaits  
WG Muffin  
String Cheese  
Carrot Sticks  
Banana

12

Yogurt Parfaits  
WG Muffin  
String Cheese  
Carrot Sticks

15

**No School**

16

Hamburger  
WG Bun  
Waffle Fries  
Baked Beans  
Pears

17

Sweet and Sour Chicken  
Rice Pilaf  
Malibu Vegetables  
Mandarin Oranges

18

Ravioli  
WG Garlic Twist  
Steamed Cauliflower  
Grapes

19

Dominos Pizza Day!  
Romaine Lettuce  
Sweet Red Peppers  
Fruit Slushie

22

Pulled Pork Sandwich  
WG Bun  
Sweet Tater Tots  
Cole Slaw  
Craisins

23

Chicken Nuggets  
WG Roll  
Mashed Potatoes w/ Gravy  
Steamed Corn  
Mixed Fruit

24

Spaghetti and Meatballs  
WG Garlic Toast  
Steamed Peas  
Blueberries

25

Chicken Pot Pie  
WG Biscuit  
Romaine Lettuce  
Fresh Apple

26

French Bread Pizza  
Hummus Cup  
Celery Sticks  
Fruit Smoothie Bowl

29

Chicken Tenders  
Rice  
Mixed Vegetables  
Peach Cup

30

Nacho Supreme  
Beef Taco Meat  
Cheese/Lettuce/Tomato  
Fiesta Beans  
Pineapple

31

Mini French Toast  
Sausage Links  
Hashbrown Patty  
Green Beans  
Strawberry Cup

1

Broccoli Soup  
Hot Ham and Cheese Sub  
Mixed Peppers  
Clementine

2

Fresh Baked Pizza  
Pepperoni/Cheese  
Romaine Lettuce  
Cherry Tomatoes  
Mixed Berry Cup

### FREE BREAKFAST

Includes a Milk and Fruit or Juice  
Students will grab breakfast on  
their way to class.

**M** – Frudel

**T** – Breakfast Tornado

**W** – Pancake Wraps

**Th** – French Toast Sticks

**F** – Cinnamon Roll

Breakfast Sandwich Served Daily

### FREE LUNCH

Includes a Milk, Fruit and Vegetable

Daily Alternative Meals include:  
Fruit or Juice, Vegetable of the Day  
and Fruit/Salad Bar with Milk  
PB&J Uncrustable  
Fruit and Yogurt Parfait  
Deli Sandwich  
Hot Slide options W/  
Vegetable of the day  
Fruit/Salad Bar

A La Carte Items Available

**Student accounts will be charged  
for all a la carte items purchased.**

**To deposit funds for your student  
go to:**

**whitmore.familyportal.cloud**