

- 2023 -

DECEMBER

FRIDAY

1

Big Daddy Pizza
Mixed Veggies
Mandarin Oranges

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Go Like the Wind Montessori

Breakfast and Lunch Free for 4-year-old Primary and K-6 Students.

3-year-old Primary Students will Receive a Free Breakfast and may purchase a lunch for \$1.50.

Breakfast includes Milk, Fresh Fruit/Juice.

- M- Cereal
- T- Wg Muffins
- W- Bagel & Jelly
- Th- Yogurt
- Fri- Cereal Bar

Lunch includes Milk, * Fresh Fruit & *Vegetables.

***Season available Fresh Fruit & Veggies:** Apples, Oranges, Peaches, Pears, Banana, Watermelon, Strawberries, Cucumbers, Cauliflower, Carrots, Peppers, Salad, Cherry Tomato, Broccoli, Cauliflower

4

Chicken Patty on Wg Bun
Corn on the Cob
Pineapple Rings

5

Hamburger on Wg Bun
Frech Fries
Country Apples

6

Soy Butter & Jelly
Cheese Stick
Fish Crackers
Cucumber Slices
Blueberries

7

Walking Taco-Beef
Fiesta Beans
Cherry Craisin

8

French Bread Pizza
Fresh Salad
Pineapple

11

Hot Dogs on Wg Bun
Steamed Carrots
Peach Cup

12

Chicken Nuggets
Emoji Crackers
Mixed Salad
Orange Slices

13

Wg Mini Pancakes
Cheese Sticks
Celery/Chickpeas
Strawberries

14

Salisbury Steak
Mashed Potatoes
Wg Rolls
Fresh Kiwi

15

Big Daddy Pizza
Mixed Veggies
Pears

18

Cold Breakfast
Cereal
Yogurt/Cheese Stick
Cucumber Slices
Blueberries

19

Chicken Tenders
Mashed Potatoes
Wg Roll
Mixed Fruit

20

Pepperoni Pizza
Assorted Veggies
Apple Slices

21

**½ day
Breakfast Only**

22

**½ day
Breakfast Only**

25

26

27

28

29

Have a Great Holiday and Happy New Year!!!