

- 2023 -

DECEMBER

FRIDAY

1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Washtenaw Head Start, GSRP, and Enrichment Preschool Menu

3-year-olds in Enrichment
Preschool receive free
breakfast and may purchase a
lunch for \$1.50

Breakfast & Lunch include 1%
white milk. All juice served is
100% juice.

Breakfast

M- Cereal/Apple
T- Wg Muffin/Applesauce
W- Bagel & Jelly/Fruit Cup
Th- Yogurt/Blueberries

Snack

M- Graham Crackers/Gogurt
T- Celery Sticks/Craisins
W- Granola Bar/Pineapple
Th- Orange Slices/Cheese Stick

4

Chicken Patty on
Wg Bun
Corn on the Cob
Pineapple Rings

5

Hamburger on Wg
Bun
Frech Fries
Country Apples

6

Soy Butter & Jelly
Cheese Stick
Fish Crackers
Cucumber Slices
Blueberries

7

Walking Taco-Beef
Fiesta Beans
Cherry Craisin

8

11

Hot Dogs on
Wg Bun
Steamed Carrots
Peach Cup

12

Chicken Nuggets
Emoji Crackers
Mixed Salad
Orange Slices

13

Wg Mini Pancakes
Cheese Sticks
Celery/Chickpeas
Strawberries

14

Salisbury Steak
Mashed Potatoes
Wg Rolls
Fresh Kiwi

15

18

Cold Breakfast
Cereal
Yogurt/Cheese Stick
Cucumber Slices
Blueberries

19

Chicken Tenders
Mashed Potatoes
Wg Roll
Mixed Fruit

20

Pepperoni Pizza
Assorted Veggies
Apple Slices

21

½ Day

22

25

26

27

28

29

Have a Great Holiday and Happy New Year!!!