Whitmore Lake Elementary School

October Menu

Breakfast and Lunch are Free for all students. Breakfast includes Milk, Fruit and Juice. Students will grab a breakfast on their way to class.

Weekly Breakfast Menu Monday- Cinnamon Rolls Tuesday- Omelet/Muffin Wednesday- Bagel/Cream Cheese Thursday- Mini Waffles Friday- Wg Donuts

Lunch includes Milk, Fruit & Veggie Bar!

Fruit and Veggie Bar Daily: Apples, Strawberries, Peaches, Blueberries, Watermelon, Grapes, Cucumber, Carrots, Peppers, Salad, Broccoli, Tomato, Cauliflower

October 2: Mini Corndogs Baked Beans Red Peppers Fresh Kiwi October 3: Chicken Drumstick Mashed Potato/Gravy Breadsticks Plums October 4: Breakfast for Lunch Omelet Hash Browns Cherry Tomato Green Beans Blueberries October 5: Macaroni & Cheese Stea med Broccoli Wg Rolls Orange Slices October 6: French Bread Pizza or Piz za Crunchers Fresh Mixed Salad Cucumber Slices 100% Fruit Slushie October 9: Chicken Patty on Wg Bun Lettuce, Cheese, Tomat o Sweet Tater Tots Steamed Peas **Country Apples** October 10: Hot Dogs/Chili Dogs on Wg Bun French Fries Corn Pineapple October 11: Chicken & Waffles Fresh Salad C arrots/Hummus Fresh Grapes October 12: Soft Shell Beef Taco Refried Beans Cheese, Lettuce Fresh Broccoli Cherry Craisins October 13: No School October 16: No School October 17: Hamburger on Wg Bun Baked Beans Romaine Salad Mandarin Oranges October 18: Chicken Tenders Rice Pilaf Green Beans Wg Roll Apple Slices October 19: Yogurt/Muffins Cheese Stick Steamed Corn Carrots/Hummus Strawberries October 20: Big Daddy Pizza Fresh Salad Red Peppers 100% Fruit Slushie October 23: Hot Dogs on Wg Bun Baked Beans Cucumbers Wg Chips Pe ars October 24: Chicken Nuggets Smile Fries Broccoli Cinnamon Apples October 25: Mini Pancakes Sausage Green Beans Veggie Juice Strawberries October 26: Salisbury Steak Mashed Potato/Gravy Wg Rol I s Peaches

October 27: Domino's Pizza Fresh Salad Carrots/Hummus 100% Fruit Slushie October 30: Hamburger on Wg Bun Tater Tots Fresh Peppers Tropical Fruit October 31: Halloween!!! Chicken Witch Sticks Monster Mashed Potato/Gravy Bat Rolls Witch's Brew Juice Apples Witch's Treat

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.