

- 2023 -

NOVEMBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Whitmore Lake Elementary School Menu

Breakfast and Lunch are Free for all students.

Breakfast includes Milk, Fruit And 100% Juice.

Students will grab a breakfast on their way to class.

M- Cinnamon Rolls
T- Pancake on a Stick
W- Bagel/Cream Cheese
Th- Apple Frudel
Fri- Wg Muffins

Lunch includes Milk, Fruit & Veggie Bar.

Fruit and Veggie Bar Daily:
Apples, Strawberries, Peaches, Pears, Blueberries, Watermelon, Grapes, Cucumber, Carrots, Peppers, Salad, Cherry Tomato, Cauliflower, or Salad

6

Deli Day
Turkey, Ham or Salami Subs
Cheese, Lettuce
Cole Slaw
Wg Chips
Fresh Kiwi

7

Hot Dogs/Chili
Wg Bun
Corn on the Cob
Fresh Salad
Country Apples

8

Yogurt Meal
Cheese Sticks
Banana Bread
Carrots/Hummus
Strawberry Cup

9

Walking Tacos-Beef
Cheese, Lettuce
Refried Beans
Green Grapes

10

French Bread Pizza
Pepperoni or Cheese,
Pizza Crunchers
Fresh Romaine Salad
Red Peppers
100% Fruit Slushie

13

Hamburger on
Wg Bun
Cheese, Lettuce
Baked Beans
Cherry Tomato
Peaches

14

Chicken Tenders
Rice Pilaf
Broccoli
Wg Roll
Cherry Craisin

15

Wg Mini Pancakes
Yogurt
Cheese Sticks
Cucumber Slices
Blueberries

16

Salisbury Steak
Mashed Potato/Gravy
Breadstick
Pears

17

Domino Pizza
Pepperoni or Cheese
Fresh Salad
Carrots/Chickpeas
100% Fruit Slushie

20

Cold Breakfast
Assorted Cereals,
Muffins, or Yogurt
Cheese Sticks
Fresh Carrots &
Cucumber
Strawberries

21

Chicken Drumstick
Mashed Potato/Gravy
Wg Rolls
Green Apples
Ice Cream Cup

22

NO SCHOOL

23

NO SCHOOL

24

NO SCHOOL

27

Hot Dogs/Chili
On Wg Bun
Baked Beans
Wg Chips
Mandarin Oranges

28

Sweet & Sour Chicken
Rice Pilaf
Cucumber Slices
Wg Roll
Pineapple Rings

29

Breakfast
Omelet/Scrambled
Eggs
Hash Brown
Wg Muffins
Apple Slices

30

Macaroni & Cheese
Steamed Broccoli
Bread Stick
Cantaloupe