September 2023

Whitmore Lake Middle/High School Menu

Friday, September 1: No School

Monday, September 4: No School/Labor Day

Tuesdays, September 5: Hamburger WG Bun Lettuce/Tomato Crinkle Fries Baked Beans Pineapple Tidbits

Wednesday, September 6: Chicken Alfredo WG Garlic Twist California Blend Vegetables Fresh Apple Slices

Thursday, September 7: Original or Chocolate Chip French Toast Sausage Patty Green Beans Clementine

Friday, September 8: Fresh Baked Pepperoni/Cheese Or Hawaiian Pizza Romaine Lettuce Cherry Tomatoes Fruit Slushie

Monday, September 11: Sweet and Sour Chicken Rice Mini Spring Roll Stir Fry Vegetables Mandarin Oranges

Tuesdays, September 12: Soft Shell Beef Taco Lettuce/Tomato Fiesta Beans Sweet Red Peppers Peach cup

Wednesday, September 13: Chicken Nuggets WG Roll Mashed Potatoes w/ Gravy Steamed Corn Cinnamon Apples

Thursday, September 14: Yogurt Parfait WG Muffin Cheese Stick Cucumber Slices Banana

Friday, September 15: Fresh Baked Pepperoni/Cheese Pizza Or Pizza Roll Romaine Lettuce Mixed Fruit

Monday, September 18: Chicken Tenders Rice Pilaf Northwest Blend Vegetables Diced Pears

Tuesday, September 19: Chicken Tenders Rice Pilaf Northwest Blend Vegetables Diced Pears

Wednesday, September 20: Spaghetti and Meat Sauce WG Bosco Stick Steamed Peas Cantaloupe

Thursday, September 21: Mini Pancakes Bacon Strips Diced Breakfast Potatoes Strawberries Chocolate Hummus Cup

Friday, September 22: Dominos Pizza Day! Pepperoni/Cheese Pizza Broccoli Bites Baby Carrots Blue Raspberry Apple Sauce

Monday, September 25: Chicken Drumstick Seasoned Waffle Fries Asparagus Craisins

Tuesday, September 26: Nacho Supreme Lettuce/Tomato Refried Beans Black Olives Mango Chunks

Wednesday, September 27: Salisbury Steak WG Roll Mashed Potatoes w/ Gravy Mixed Vegetables Green Apple

Thursday, September 28: Breakfast Sandwich Hash Brown Patty Fresh Cauliflower Blueberries

Friday, September 29: Fresh Baked Pepperoni/Cheese Pizza Or Barbecue Pizza Mixed Peppers Romaine Lettuce Kiwi

This institution is an equal opportunity provider. Menu Subject to Change Depending on Availability of Food Items

NEWS

Free Breakfast

Includes a Milk and Fruit or Juice Students will grab breakfast on their way to class.

Breakfast Sandwich Served Daily

Weekly Breakfast Menu

Monday - WG Bagel and Cream Cheese

Tuesday - Mini Pancakes and Sausage

Wednesday - Apple Strudel

Thursday - Breakfast Burrito

Friday - Fruit Smoothie and WG Muffin

FREE LUNCH

Includes a Milk, Fruit and Vegetable

Daily Alternative Meals include: Fruit or Juice, Vegetable of the Day and Fruit/Salad Bar with Milk

Daily Lunch Alternatives

PB&J Uncrustable

Fruit and Yogurt Parfait

Deli Sandwich

Hot Slide options W/ Vegetable of the day

Fruit/Salad Bar

A La Carte Items Available

Student accounts will be charged for all a la carte items purchased.

To deposit funds for your student go to: whitmore.familyportal.cloud