

- 2023 -

OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Whitmore Lake Elementary School Menu

Breakfast and Lunch are Free for all students.

Breakfast includes Milk, Fruit and Juice.

Students will grab a breakfast on their way to class.

M- Cinnamon Rolls

T- Omelet/Muffin

W- Bagel/Cream Cheese

Th- Mini Waffles

Fri- Wg Donuts

Lunch includes Milk, Fruit & Veggie Bar!

Fruit and Veggie Bar Daily:

Apples, Strawberries, Peaches, Blueberries, Watermelon, Grapes, Cucumber, Carrots, Peppers, Salad, Broccoli, Tomato, Cauliflower

2

Mini Corndogs
Baked Beans
Red Peppers
Fresh Kiwi

3

Chicken Drumstick
Mashed Potato/Gravy
Breadsticks
Plums

4

Breakfast for Lunch
Omelet
Hash Browns
Cherry Tomato
Green Beans
Blueberries

5

Macaroni & Cheese
Steamed Broccoli
Wg Rolls
Orange Slices

6

French Bread Pizza
or Pizza Crunchers
Fresh Mixed Salad
Cucumber Slices
100% Fruit Slushie

9

Chicken Patty on
Wg Bun
Lettuce, Cheese, Tomato
Sweet Tater Tots
Steamed Peas
Country Apples

10

Hot Dogs/Chili Dogs
on Wg Bun
French Fries
Corn
Pineapple

11

Chicken & Waffles
Fresh Salad
Carrots/Hummus
Fresh Grapes

12

Soft Shell Beef Taco
Refried Beans
Cheese, Lettuce
Fresh Broccoli
Cherry Craisins

13

NO SCHOOL

16

NO SCHOOL

17

Hamburger on
Wg Bun
Baked Beans
Romaine Salad
Mandarin Oranges

18

Chicken Tenders
Rice Pilaf
Green Beans
Wg Roll
Apple Slices

19

Yogurt/Muffins
Cheese Stick
Steamed Corn
Carrots/Hummus
Strawberries

20

Big Daddy Pizza
Fresh Salad
Red Peppers
100% Fruit Slushie

23

Hot Dogs on Wg Bun
Baked Beans
Cucumbers
Wg Chips
Pears

24

Chicken Nuggets
Smile Fries
Broccoli
Cinnamon Apples

25

Mini Pancakes
Sausage
Green Beans
Veggie Juice
Strawberries

26

Salisbury Steak
Mashed Potato/Gravy
Wg Rolls
Peaches

27

Domino's Pizza
Fresh Salad
Carrots/Hummus
100% Fruit Slushie

30

Hamburger on
Wg Bun
Tater Tots
Fresh Peppers
Tropical Fruit

31

Halloween!!!
Chicken Witch Sticks
Monster Mashed
Potato/Gravy
Bat Rolls
Witch's Brew Juice
Apples
Witch's Treat