

- 2023 -

OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Washtenaw Head Start, GSRP and Enrichment Preschool Menu

3-year-olds in Enrichment Preschool receive free breakfast and may purchase lunch for \$1.50.

Breakfast & Lunch include 1% white milk
All juice served is 100% juice.

Breakfast

M- Cereal/Peaches
T- Wg Muffins/Applesauce
W- Yogurt/Strawberries
Th Bagel/Cream Cheese, Pineapple

Snack

M- Tortilla Chips/Cheese Stick
T- Blueberry Bites/Apple
W- Cherry Tomato/Chez-Itz
Th- Cucumber/Raisins

2

Mini Corndogs
Baked Beans
Fresh Kiwi

3

Chicken Drumstick
Mashed Potatoes
Breadstick
Plums

4

Breakfast for Lunch

Omelet
Hash Browns
Green Beans
Blueberries

5

Macaroni & Cheese
Broccoli
Wg Roll
Orange Slices

6

9

Chicken Patty on
Wg Bun
Sweet Tater Tots
County Apples

10

Hot Dogs on Wg Bun
Steamed Corn
Pineapple

11

Chicken & Waffles
Carrots/Hummus
Fresh Grapes

12

Soft Shell Beef Tacos
Refried Beans
Cherry Craisins

13

16

NO SCHOOL

17

Hamburger on
Wg Bun
Baked Beans
Mandarin Oranges

18

Chicken Tenders
Green Beans
Wg Roll
Apple Slices

19

Soy Butter & Jelly
Cheese Stick
Carrots/Hummus
Fish Crackers
Oranges

20

23

Hot Dogs on Wg Bun
Cucumber Slices
Pears

24

Chicken Nuggets
Smile Fries
Apples

25

Mini Pancakes
Sausage
Veggie Juice
Strawberries

26

Salisbury Steak
Mashed Potatoes
Wg Roll
Peaches

27

30

Hamburger on
Wg Bun
Tater Tots
Tropical Fruit

31

Halloween!

Chicken Witch Sticks
Monster Mashed
Potatoes
Bat Rolls
Country Apples