

MAY | 2023

Whitmore Lake Middle /High School



News

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Hot Dogs Waffle Fries Corn Apple Slices	2 Spaghetti and Meatballs Bosco Stick Peas Mixed Fruit	3 Barbecue Chicken Flatbread Pasta Salad Cucumber Slices Clementine	4 Breakfast Sandwich Bacon or Sausage Egg and Cheese Hashbrown patty Green Beans Fresh Banana	5 Rolled Edge Pizza Salad Carrots Raspberries
8 Hamburger or Cheeseburger Sweet Tater Tots Baked Beans Pickle Spear Tropical Fruit	9 Chicken and Waffles Macaroni Salad Steamed Carrots Raisins	10 Soup Bar with Bread Bowls Broccoli and Cheese or Minestrone Soup Veggie Sticks Fruit Salad	11 Salisbury Steak Mashed Potatoes w/ Gravy Mixed Vegetables Honeycrisp Apple	12 Stuffed Crust Pizza Or Calzones Salad Red Peppers Grapes
15 Chicken Nuggets Rice Malibu Vegetables Sweet and Sour Sauce Egg Roll Mandarin Oranges	16 Walking Tacos Nacho Cheese Doritos Beef Taco Meat Lettuce/Tomato/Cheese Refried Beans Applesauce cup	17 Macaroni and Cheese Garlic Twist Steamed Broccoli Blueberries	18 Chicken Patty w/ Baked Potato Bar Peas and Carrots Mango	19 Domino's Pizza Salad Celery Sticks Pineapple
22 Chicken Alfredo Italian Breadstick California Blend Vegetables Pears	23 Mini Corn Dogs Seasoned Wedge Fries Carrot Sticks Cinnamon Apples	24 Chicken Tenders Mashed Potatoes w/ Gravy Brussel Sprouts Cantaloup	25 Nacho Supreme Lettuce/Tomato/Cheese Sauce Fiesta Beans Black Olives Fresh Strawberries	26 NO SCHOOL
29 NO SCHOOL	30 Grilled Cheese Chips Tomato Soup Mixed Peppers Peaches	31 Mini French Toast Sausage Links Diced Hashbrowns Cauliflower Bites Strawberry Cup	1 Ravioli Cheese Bread Asparagus Watermelon	2 French Bread Pizza Or Pizza Rolls Salad Cucumber Slices

GRAB & GO BREAKFAST- \$1.75

Includes a Milk and Fruit or Juice
M - Frudel
T - Cheese Omelet w/ Apple Loaf
W - Bagel w/ Cream Cheese
Th - Mini French Toast
F - Fresh Baked Cinnamon Roll

HOT LUNCH \$3.25

Includes a Milk
Daily Alternative Meals Include:
 Fruit or Juice, Vegetable of the Day,
 Fruit/Salad Bar and Milk
 PB&J Uncrustable
 Fruit and Yogurt Parfait
Hot Slide Options with:
 Vegetable of the Day
 Fruit/Salad Bar and Milk
A La Carte Items Available

Fruit & Veggie Bar daily includes
 assorted options such as: Salad,
 Carrots, Cucumbers, Fresh Mixed
 Peppers, Banana Peppers, Mixed
 Fruit, Applesauce Cups, Grapes Kiwi,
 Strawberries, and Blueberries

Cafeterias are now cashless.
Please do not send cash or checks
to school. To deposit funds for your
student go to:

whitmore.familyportal.cloud

Student accounts will be charged
accordingly for all items purchased