

# MAY | 2023

## Go Like the Wind Montessori



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Pancakes Sausage Links Green Beans Strawberries	<b>2</b> Chicken Tenders Rice Pilaf Steam Peas Country Apples	<b>3</b> Yogurt Parfait Cheese Stick Scooby Doo Grahams Cherry Tomatoes Blueberries	<b>4</b> Salisbury Steak Mashed Potatoes w/Gravy Corn Wg Roll Watermelon	<b>5</b> Big Daddy Pizza or Calzone Salad Fresh Veggies 100% Fruit Slushie
<b>8</b> Hamburger on Wg Bun Cheese, Lettuce Wg Chips Red Peppers Fresh Peaches	<b>9</b> Mini Corn Dogs Baked Beans Salad Fresh Kiwi	<b>10</b> Chicken & Waffles Green Beans Cinnamon Apples	<b>11</b> Soft Shell Taco Cheese, Lettuce, Tomato Fiesta Beans Cucumber Slices Orange Slices	<b>12</b> French Bread Pizza Cheese or Pepperoni or Pizza Crunchers Salad Fresh Veggies 100% Fruit Slushie
<b>15</b> Chicken Patty on Wg Bun Cheese, Lettuce Sweet Tater Tots Carrot Slices Fresh Grapes	<b>16</b> Macaroni & Cheese Broccoli Wg Garlic Twist Pears	<b>17</b> Chicken Drumstick Mashed Potatoes w/Gravy Wg Rolls Blueberries	<b>18</b> French Toast Sticks Sausage Patty Green Beans Watermelon	<b>19</b> Big Daddy Pizza or Calzone Salad Fresh Veggies 100% Fruit Slushie
<b>22</b> Hot Dog on Wg Bun Oven Baked Fries Cucumber Slices Pineapple	<b>23</b> Sweet & Sour Chicken Rice Pilaf Steam Peas Grapes	<b>24</b> Mini Corn Dogs Corn on the Cob Fresh Salad Mandarin Orange	<b>25</b> Hamburger on Wg Bun Cheese, Lettuce Wg Chips Carrot Sticks	<b>26</b> <b>NO SCHOOL</b>
<b>29</b> <b>NO SCHOOL</b>	<b>30</b> Belgium Waffles Sausage Green Beans Strawberries	<b>31</b> Chicken Patty on Wg Bun Cheese, Lettuce Sweet Tater Tots Carrot Slices Fresh Kiwi	<b>1</b> Salisbury Steak Mashed Potatoes w/Gravy Corn Wg Roll Watermelon	<b>2</b> Hot Dog on Wg Bun Carrot Sticks Wg Doritos Apple Slices

### News

#### **Breakfast - \$1.75**

Breakfast includes milk and fruit or juice

Breakfast will be whole grain cereal, muffins, pop tarts, etc.

#### **Hot Lunch - \$2.75**

includes milk

**OR**

#### **Cold Lunch - \$2.75**

includes milk:

Monday-Wednesday-Friday  
Soy Butter and Jelly Sandwich,  
Vegetable and Fruit

Tuesday-Thursday  
Nachos and Cheese, Vegetable  
and Fruit

Our Food Service is cashless.  
Please do not send cash or checks  
to school. To deposit funds for your  
student go to:

[whitmore.familyportal.cloud](http://whitmore.familyportal.cloud)

Student accounts will be  
charged accordingly for all  
items purchased.