

# APRIL | 2023

***Go Like the Wind Montessori***



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Wg Waffles Sausage Links Green Beans Strawberries	4 Chicken Patty on Wg Bun Cheese, Lettuce Baked Beans Cherry Tomato Country Apples	5 Salisbury Steak Mashed Potato/Gravy Steamed Carrots Wg Rolls Fresh Kiwi	6 Cheese or Pepperoni Bosco Sticks Salad Cucumber Slices Watermelon	7 <b>No School</b>
10 Omelet and Hash Browns Sausage Graham Crackers Green Bean Cinnamon Apples	11 Chicken Drumstick Mashed Potato/Gravy Steamed Peas Wg Rolls Tropical Fruit	12 Yogurt Parfait Wg Muffin Cheese Sticks Broccoli Bites Blueberries	13 Hamburger on Wg Bun Cheese, Lettuce Corn on the Cob Fresh Salad Apple Slices	14 French Bread Pepperoni or Cheese Pizza Salad Fresh Veggies Pineapple 100% Fruit Slushie
17 Hot Dogs on Wg Bun Carrot Sticks Wg Chips Fresh Apples	18 Cheese or Pepperoni Bosco Sticks Fresh Salad Mandarin Oranges	19 Pancakes and Sausage Salad Celery Sticks Strawberries	20 Chicken Patty on Wg Bun Cheese, Lettuce Baked Beans Fresh Pears	21 Pepperoni or Cheese Pizza Salad Fresh Veggies Watermelon 100% Fruit Slushie
24 Hamburger on Wg Bun Cheese, Lettuce Sweet Potato Tater Tots Red Peppers Fresh Kiwi	25 Sweet and Sour Chicken Rice Pilaf Steamed Peas Clementines	26 Mini Corndogs Corn on the Cob Salad Fresh Grapes	27 Macaroni and Cheese Steamed Broccoli Bread Sticks Watermelon	28 French Bread Pepperoni or Cheese Pizza Salad Fresh Veggies Pineapple 100% Fruit Slushie

## **News**

### **Breakfast - \$1.75**

Breakfast includes milk and fruit or juice

Breakfast will be whole grain cereal, muffins, pop tarts, etc.

### **Hot Lunch - \$2.75**

includes milk

**OR**

### **Cold Lunch - \$2.75**

includes milk:

Monday-Wednesday-Friday  
Soy Butter and Jelly Sandwich,  
Vegetable and Fruit

Tuesday-Thursday  
Nachos and Cheese, Vegetable  
and Fruit

Our Food Service is cashless.  
Please do not send cash or checks  
to school. To deposit funds for your  
student go to:

[whitmore.familyportal.cloud](https://whitmore.familyportal.cloud)

Student accounts will be  
charged accordingly for all  
items purchased.