



MARCH | 2023

Washtenaw Head Start and GSRP

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27 Mini Cheeseburger Sliders Cherry Tomato Mixed Fruit	28 Sweet & Sour Chicken Rice Pilaf Cauliflower Orange Slices	1 Wg French Toast Sausage Green Beans Cinnamon Apples	2 Salisbury Steak Mashed Potato Wg Rolls Peaches	3
6 Hot Dog on Wg Bun Sweet Tater Tots Apple Slices	7 Breakfast Bagel Egg, Sausage Cucumber Slices Strawberry Cup	8 Chicken Tenders Steamed Peas Pears	9 Spaghetti & Meatballs Carrots Wg Roll Country Apples	10
13 Grilled Cheese Corn Tropical Fruit	14 Chicken Patty on Wg Bun Baked Beans Mixed Fruit	15 Wg Mini Pancakes Sausage Carrot Sticks Blueberries	16 Mini Corndogs Corn on the Cob Watermelon	17
20 Hamburger on Wg Bun Steamed Carrots Fresh Pears	21 Chicken & Waffles Green Beans Fresh Grapes	22 Yogurt Meal Cheese Stick Wg Muffin Broccoli Bites Strawberries	23 Pepperoni Bosco Stick Cucumber Slices Peaches	24
27	28	29	30	31

SPRING BREAK

News

Breakfast & Lunch
Include 1% White Milk

All Juice served is
100% Juice

Breakfast

M - Wg Muffin/Applesauce
T - Cereal/Peaches
W - Yogurt/Mixed Fruit
Th - Cereal Bar/Apple

Snack

M - Popcorn/Juice Box
T - Banana Bread/Gogurt
W - Hummus/Celery
Sticks
Th - Grapes/Graham
Crackers