



DECEMBER | 2022

Washtenaw Head Start and GSRP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Hot Dog on Wg Bun Tater Tots Steamed Carrots Pears	29 Grilled Cheese Cucumber Slices Orange Slices	30 Omelet Hash Brown Green Bean Cinnamon Apples	1 Spaghetti & Meat Balls Steamed Corn Wg Roll Mixed Fruit	2
5 Chicken Patty on Wg Bun Steamed Peas Tropical Fruit	6 Mini Corndogs Red Peppers Mandarin Oranges	7 Yogurt Cheese Stick Graham Cracker Cucumbers Strawberries	8 Walking Taco Corn Cinnamon Apples	9
12 Mini Cheeseburgers Steamed Peas & Carrots Mixed Fruit	13 Pepperoni Bosco Stick Celery Sticks Pears	14 Salisbury Steak Mashed Potato Wg Roll Fresh Grapes	15 Chicken & Waffles Green Beans Applesauce	16
19 Hot Dog on Wg Bun Steamed Corn Peaches	20 Mini Pancakes Cheese Stick Veggie Juice Strawberry Cup	21 Breakfast Only ½ Day School	22 Breakfast Only ½ Day School	23
26	27	28	29	30

News

Breakfast & Lunch
Include 1% White Milk

All Juice served is
100% Juice

Breakfast

M- Cereal/Mandarin
Oranges
T- Banana Bread/
Applesauce
W- Cereal Bar/Pears
Th-Wg Muffin/
Pineapple

Snack

M-Blueberry Bites/
Cheese Stick
T- Carrots/Raisins
W- Grapes/Graham
Crackers
Th- Popcorn/Juice