

# NOVEMBER | 2019



## Whitmore Lake High School

### MONDAY

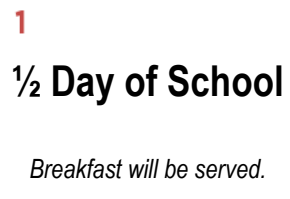
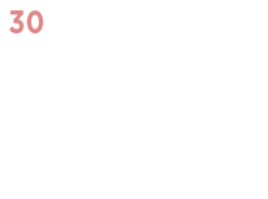
### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

To check your student's balance or add funds:  
[www.sendmoneytoschool.com](http://www.sendmoneytoschool.com)  
 To apply or renew for free and reduced meals:  
[www.lunchapp.com](http://www.lunchapp.com)



**4**  
 Mini Corn Dogs  
 Northwest Blend  
 Baked Beans  
 Gala Apples

**5**  
 Spaghetti w/ Meat Sauce or Marinara  
 Tossed Salad  
 Green Beans  
 Grapes

**6**  
 Bacon Cheeseburger  
 Lettuce-Tomato  
 Sweet Potato Fries  
 Diced Pears

**7**  
 Chicken & Cheese Ques  
 Mexican Rice  
 Texas Ranchero Beans  
 Corn  
 Tropical Fruit

**8**  
 Fresh Baked Pepperoni or Cheese or Buffalo Chicken Pizza  
 Tossed Salad  
 Broccoli Bites  
 Peach Cups

**11**  
**Rake & Run**  
*Breakfast will be served.*

**12** Thanksgiving Lunch  
 Oven Roasted Turkey  
 Mashed Potato W/Gravy  
 Squash & Stuffing  
 Pumpkin Bread  
 Ice Cream Cup  
 Apple Sauce

**13**  
 Popcorn Chicken  
 Rice Pilaf  
 Black Bean Salad  
 Peas  
 Strawberry Cup

**14**  
 Chili Cheese Fries  
 Red Peppers  
 Bread Stick  
 Watermelon

**15**  
 Fresh Baked Pepperoni or Cheese Pizza  
 Tossed Salad  
 Carrots  
 Pineapple Tidbits

**18**  
 Chicken Tenders  
 Steamed Carrots  
 Cauliflower  
 Corn Bread  
 Orange Slices

**19**  
 Chicken Alfredo  
 Tossed Salad  
 Malibu Blend  
 Mixed Berry Cup

**20**  
 Macaroni & Cheese  
 Tossed Salad  
 Steamed Broccoli  
 WG Roll  
 Applesauce Cups

**21**  
 Nacho Supreme  
 Lettuce-Tomato-Black Olives  
 Refried Beans  
 Banana

**22**  
 Fresh Baked Pepperoni or Cheese or Buffalo Chicken Pizza  
 Tossed Salad  
 Broccoli Bites  
 Mandarin Oranges

**25**  
 2 Soft Shell Beef or Chicken  
 Tacos or Taco Salad  
 Lettuce-Tomato-Cheese  
 Refried Beans  
 Dried Cherries

**26** Breakfast for Lunch  
 Breakfast Bagel Sandwich (Sausage-Egg-Cheese)  
 Hash browns  
 Baby Carrots  
 Golden Delicious Apples



### News

**Breakfast \$1.75**  
 Serving 7:30am-7:50am  
 Includes Milk, Fruit, Juice

M- Breakfast Boat  
 T-Pancake on a Stick  
 W-Mini Pancakes  
 Th-French Toast  
 F-Cheese Omelet w/ Muffin or Fresh Baked Cinnamon Roll

Mon - Thurs  
 Breakfast Sandwiches  
 Variety of Cereal & Pastries  
 Offered Daily.

**Lunch \$3.25**  
 Serving 10:56 to 12:29  
 T-Th 11:24 to 12:47  
 Lunch includes Vegetable of the Day, Fruit/Vegetable Bar and a Milk.

Available as an alternative to our main entrée.

M-Chicken Tenders  
 T-Pepperoni Calzones  
 W-Bosco Stick  
 Th-Breakfast Bagel  
 F-Hamburger

We offer a variety of Paninis and a Salad Bar Daily for \$3.50