OCTOBER 2019

Washtenaw Head Start and GSRP

301 Turkey and Cheese on WG Sub Bun Green Beans Red Delicious Apple2 Guish Mixed Vegetables WG Breadstick Waterwindon Sites3 WG Chicken Nuggets Mixed Berry Cup47 Hot Dog on WG Bun Sweet Tater Tots Pears8 Spaphetti wi Mestballs Appiragus Pears9 Chicken Pol Pie WG Biscutt Steamed Press10 Nacho Supreme Laticue Biscut State Bas Badd Fresh Apple Silices11 Image SiliceAll Juice served is 100% Juice14 Hamburger on WG Bun Lettuce Grapes15 Soft Chicken Tao Cheese and Lettuce Grapes16 Salisbury Steak Mashed Potatic will Fresh Salisbury Steak Mashed Potatic will Fresh17 WG Chicken Poopers Wind Potationes Fresh Salisba Fresh Salisba Fresh Salisba Fresh Salisba Fresh Salisba Fresh Salisba Fresh Salisba181821 No School22 Dickem Patty on WG Bun Toss Salid Stawberry Cup23 WG Chicken Tenders Raisins17 WG Chicken Poopers Mixed Vegetables Fresh Salis Apple1828 WG Mix Con Dogs Baked Bass Fresh Pear23 WG Chicken Graneses Salisba24 Mixer West Salisbar Mixed Vegetables Steamed Breack Topical Fruit1Mercers Mixed Vegetables Steamed Breack Mole Raising128 WG Macaroni and Cheese Fresh Pear20 WG Macaroni and Cheese Mixed Spiese30 MG Chicken Graneses Salisbar Salisbar Mixed Vegetables Steamed Breack Cop1128 WG Macaroni and Cheese Fresh Pear29 WG Macaroni and Cheese Mixed Spiese30 WG Chicken Granesers Salisbar Mixed Spiese WerkWalls Salisbar	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
7 Hot Dog on WG Bun Sweet Tater Tots Pears8 Spaghetti w/ Meatballs Asparagus Pears9 Chicken Pot Pie WG Biscult Stapplesauce10 Nacho Supreme Leiture Biske Ban Salad Fresh Apple Slices11 Lock Ban Salad Fresh Apple SlicesBreakfast M-WG Rice Krispie Cereal w/ Apple sauceM-WG Rice Krispie Cereal w/ <b< td=""><td>30</td><td>Bun Green Beans</td><td>Goulash Mixed Vegetables WG Breadstick</td><td>WG Chicken Nuggets Mash Potato with Gravy</td><td>4</td><td>Breakfast & Lunch Includes 1% White Milk All Juice served is</td></b<>	30	Bun Green Beans	Goulash Mixed Vegetables WG Breadstick	WG Chicken Nuggets Mash Potato with Gravy	4	Breakfast & Lunch Includes 1% White Milk All Juice served is
14 Hamburger on WG Bun Lettuce and Pickle Oven Seasoned Fries Grapes15161716Orange Slices21 No School22 Chicken Patty on WG Bun Toss Salad Strawberry Cup23 Chicken Tenders Smile Potatoes Raisins24 Mini Ravioli Steamed Broccoli WG Roll Peaches25 WG Pizza Bites Carrot Sticks M-Granola Bar w/ 	Hot Dog on WG Bun Sweet Tater Tots	Spaghetti w/ Meatballs Asparagus	Chicken Pot Pie WG Biscuit Steamed Peas	Nacho Supreme Lettuce Black Bean Salad		Breakfast M-WG Rice Krispie Cereal w/ Apple Juice T- WG Mini Pancakes Wraps w/ Applesauce W-Omelet with WG Muffin
21 No School22 Chicken Patty on WG Bun Toss Salad Strawberry Cup23 WG Chicken Tenders Smile Potatoes Raisins24 Mini Ravioli Steamed Broccoli WG Roll Peaches25 WG Pizza Bites Carrot Sticks Mandarin OrangesW-Cheese Slices w/ Crackers T-Mini Ham and Cheese Sandwich F-Tortilla Chips w/ Hummus28 WG Mini Com Dogs Baked Beans Fruit Cocktail29 WG Macaroni and Cheese Malibu Vegetables Fresh Pear30 WG Chicken Smackers Steamed Carrots Country Apples31 Halloween Breakfast WG Spider Web Waffle Sausage Links Green Beans1	Hamburger on WG Bun Lettuce and Pickle Oven Seasoned Fries	Soft Chicken Taco Cheese and Lettuce Corn	Salisbury Steak Mashed Potato w/ Gravy Scooby Doo Crackers	WG Chicken Poppers Mixed Vegetables Fortune Cookie	18	Orange Slices F-Cheerios w/ Raisins Snack M-Granola Bar w/ Dried Cherries
WG Mini Corn Dogs WG Macaroni and Cheese WG Chicken Smackers WG Spider Web Waffle Baked Beans Malibu Vegetables Steamed Carrots Sausage Links Fruit Cocktail Fresh Pear Country Apples Green Beans		Chicken Patty on WG Bun Toss Salad	WG Chicken Tenders Smile Potatoes	Mini Ravioli Steamed Broccoli WG Roll	WG Pizza Bites Carrot Sticks	W-Cheese Slices w/ Crackers T-Mini Ham and Cheese Sandwich F-Tortilla Chips
	WG Mini Corn Dogs Baked Beans	WG Macaroni and Cheese Malibu Vegetables	WG Chicken Smackers Steamed Carrots	Halloween Breakfast WG Spider Web Waffle Sausage Links Green Beans	1	