

# SEPTEMBER | 2019

## Washtenaw Head Start and GSRP



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2



3

4

5

Nacho Supreme  
Lettuce  
Refried Beans  
Fresh Apple Slices

6

9

Sloppy Joe on WG Bun  
Smile Potato  
Fruit Cocktail

10

Soft Beef Taco  
Cheese and Lettuce  
Taco Beans  
Fresh Orange Slices

11

WG Chicken Smackers  
Malibu Blend Vegetables  
Country Apples

12

Mini Beef Ravioli  
Mixed Vegetables  
WG Roll  
Watermelon Wedges

13



16

Hot Dog on WG Bun  
Sweet Tater Tots  
Peaches

17

Spaghetti w/ Meat Sauce  
Fresh Toss Salad  
Pears

18

WG Mini Cheeseburger  
Lettuce  
Oven Seasoned Fries  
Fresh Grapes

National  Day!!

19

WG Chicken Tenders  
Peas  
Mandarin Oranges

20

23

Grilled Chicken on WG Bun  
Lettuce  
Baked Beans  
Mixed Fruit

24

Salisbury Steak  
Mashed Potato w/ Gravy  
WG Roll  
Fresh Delicious Apple

25

Chicken Alfredo  
Asparagus  
Mixed Berry Cup

26

WG Cheese Bites with Marana  
Sauce  
Green Beans  
Pineapple

27



30

WG Mini Corn Dog  
Corn  
Tropical Fruit Salad

1

2



3

4

### News

**Breakfast & Lunch**  
Includes 1% White Milk

All Juice served is  
100% Juice

### **Breakfast**

M-WG Chex w/  
Tangerine Juice  
T-WG Mini Pancakes w/  
Applesauce  
W-WG Muffin w/ Banana  
TH-Apple Frudel w/ Raisins

### **Snack**

M-WG Soy Butter & Grape  
Tea Sandwiches  
T-Yogurt w/ Granola  
W-Turkey Coins with  
Cucumber Slices  
T-Cottage Cheese with  
Peaches