

Come learn the fundamentals of cross country and sportsmanship in this introductory program. WLHS Varsity Cross Country Coach and team will teaching beginner runners basic technique and importance of a healthy lifestyle.

GRADES 2ND-5TH

THURSDAYS, 4 P.M.-5 P.M.
SEPTEMBER 19-OCTOBER 17
WLHS NEW CC COURSE
\$45

REGISTER BY 9/2/2019 TO SAVE \$15

RIDE THE BUS!

TRANSPORTATION
PROVIDED TO
WLHS FROM WLES
FOR FIRST 20
REGISTRANTS

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