

APRIL | 2019

Washtenaw Head Start & GSRP



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Sloppy Joe on WG Bun
Smile Potatoes
Fruit Cocktail

2

Oven Fried Chicken
Cheesy Potato
Raisins

3

Beef Ravioli
Mixed Vegetables
WG Roll
Watermelon

4

Nacho Supreme
Lettuce & Salsa
Refried Beans
Apple Slices

Friday



8

WG Mini Corn Dogs
Steamed Corn
Tropical Fruit Salad

9

Beef Taco
Cheese, Lettuce
Taco Beans
Orange Slices

10

WG Macaroni & Cheese
Steamed Broccoli
Peaches

11

WG Chicken Nuggets
Mashed Potato w/ Gravy
Red Delicious Apple

15

Hamburger on WG Bun
Lettuce, Tomato
Oven Seasoned Fries
Grapes

16

Breakfast Sandwich
(WG Bagel, Egg, Cheese,
Sausage)
Hash Brown
Mandarin Oranges

17

Goulash
Steamed Peas
Mixed Berry Cup

18

WG Chicken Smackers
Malibu Blend Vegetables
Country Apples

19

22

Grilled Chicken on WG
Bun
Lettuce
Baked Beans
Strawberry Cup

23

Salisbury Steak
Mashed Potato w/ Gravy
WG Crackers
Red Delicious Apple

24

Spaghetti w/ Meat Sauce
Northwest Vegetables
Pears

25

Ham & Cheese Sandwich
on WB
Cole Slaw
Peaches

26

Pizza Dippers
Tossed Salad
Pineapple

29

Hot Dog on WG Bun
Corn
Fruit Cocktail

30

WG Chicken Tenders
Tater Tots
Raisins

1

2



3

Breakfast & Lunch
Includes 1% White Milk

All Juice served is
100% Juice

Breakfast

M-WG Cheerios w/
Tangerine Juice
T- WG French Toast w/
Applesauce
W-WG Bagel w/ Orange
Wedges
T-WG Mini Pancakes w/
Banana
F-Kix w/ Apple Juice

Snack

M-Corn Tortilla Chips w/
Cheese Cup
T-Yogurt w/ Strawberries
W-WG Goldfish Crackers
w/ Cheese Stix
T-WG Animal Crackers w/
Baby Carrots