






DECEMBER | 2018

Whitmore Lake High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Michigan Fresh and Frozen Fruits, Vegetables and Legumes Used in our Kitchens			
3 Popcorn Chicken Mashed Potato w/ Gravy Green Beans WG Roll Peaches	4 Polish Sausage Potato Cheese Pierogi Cucumbers w/ Dill Orange Wedges	5 Spaghetti w/ Meatballs Tossed Salad Cauliflower Bosco Bread Stix (9-12) Sliced Pears	6 Bacon Cheeseburger Lettuce Tomato, Sautéed Mushrooms Baked Beans Kale & Cheddar Salad Granny Smith Apple	7 Fresh Baked Pepperoni or Cheese Rolled Edge Pizza Or Flatbread Pizza Tossed Salad Baby Carrots Pineapple Tidbits
10 Chicken Nuggets Rice Pilaf Roasted Butternut Squash WG Roll Applesauce	11 Soup in a Bread Bowl Choose from Chili, Creamy Potato or Broccoli Soup Tossed Salad Cheese Stix Grapes	12 Chicken Alfredo Tossed Salad California Blend Vegetables Bosco Bread Stix (9-12) Grapes	13 Nacho Supreme Lettuce, Tomato Blk. Olives Refried Beans Gala Apple	14 Fresh Baked Pepperoni or Cheese Stuffed Crust Pizza Or Buffalo Chicken Pizza Tossed Salad Red Pepper Strips Pineapple Slices
17 Sweet & Sour or General Tso Chicken Rice Orange Glazed Carrots Fortune Cookie Egg Roll (9-12) Mandarin Oranges	18 2 Soft Shell Beef or Chicken Tacos or Taco Salad Lettuce, Tomato, Cheese Refried Beans Sliced Peaches	19 Cheese Tortellini w/ Marinara Tossed Salad Steam Peas Bosco Bread Stix Craisins	20 Marco's Pizza Day Tossed Salad Baby Carrots Pineapple Tidbits	21
24	25 	26	27	28 
31 				

Breakfast Smoothie Offered
Tuesday and Thursday
Made with Yogurt, Milk and Fruit
Served With Muffin \$2.50

Breakfast \$1.60
Includes Milk, Fruit or Juice
M-Mini Pancakes
T-Scrambled Eggs w/ Muffin
W-French Toast
Th-Breakfast Burrito
F- Cheese Omelet w/ Muffin or
Fresh Baked Cinnamon Roll

Monday - Thursday
Breakfast Sandwich offered
(Sausage, Cheese, Egg on
Bagel Or English Muffin)
Assorted Cereal & Pastries
Offered Daily

Lunch \$3.00
All Meals include Milk,
Vegetable of the day and a
Trip to our Fruit & Vegetable Bar
Alternative to Main Entrée
M-Cheeseburger
T- Pizza Panini
W- Hot Wings & Cornbread
Th- Italian Panini
F- Oven Fired Chicken w/ WG Roll
Salad Bar Offered Daily