



# NOVEMBER | 2018

## Washtenaw Head Start & GSRP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Ham & Cheese Sandwich Baked Beans Fruit Cocktail	2 
5 Grilled Chicken Sandwich Sweet Potato Tots Peaches	6 Soy Butter & Jelly Sandwich Baby Carrots Grapes	7 Spaghetti w/ Meatballs Tossed Salad Pears	8 Nacho Supreme Black Beans & Corn Salad Watermelon	9 Pizza Dippers Veggie Sticks Pineapple
12 Mini Corn Dogs Steamed Corn Tropical Fruit Cocktail	13 Beef Taco Refried Beans Orange Slices	14 Thanksgiving Lunch Baked Turkey/Stuffing Mash Potato w/Gravy Apple Slices	15 Sweet & Sour Chicken Rice Pilaf Green Beans Applesauce	16 Marco Cheese Pizza Tossed Salad Mandarin Oranges
19 Sloppy Joe Baked Beans Red Delicious Apple	20 Chicken Tenders Potato & Cheese Pierogi Peaches	21 	22 	23 
26 Hot Dog Broccoli Bites Fruit Cocktail	27 Salisbury Steak Mash Potato w/ Gravy Gala Apple	28 Pasta Alfredo Tossed Salad Pears	29 Oven Fried Chicken Roasted Baby Potatoes Corn Bread Craisins	

### News Breakfast & Lunch Includes Milk

#### Breakfast

Mon – Rice Chex Cereal & Orange Juice  
Tues – Bagel w/ Cream Cheese & Orange Wedges  
Wed – Mini Pancakes & Applesauce  
Thurs – Blueberry Muffin & Banana  
Fri – Cheerios & Apple Juice

#### Snack

Mon – Tortilla Chips & Cheese Cup  
Tues – Yogurt & Strawberries  
Wed – Baby Carrots w/ Dip & Raisins  
Thurs – Goldfish Crackers & Cheese  
Fri – Hummus & Cheez its