


MAY | 2018

Whitmore Lake High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken Tenders Wild Rice Steamed Peas Fresh Baked Biscuit Grapes	2 Chicken Alfredo Tossed Salad Orange Glazed Carrots WG Roll (9-12) Fuji Apple	3 BBQ Pork Sandwich Cole Slaw Potato Wedges Sliced Peaches	4 Fresh Baked Pepperoni or Cheese Pizza Tossed Salad Broccoli Bites Pineapple Tidbits
7 Chicken Nuggets Mashed Potato w/ Gravy Sweet Potatoes Mixed Vegetables WG Roll Grapes	8 Nacho Supreme Lettuce, Tomato, Blk Olives Refried Beans Watermelon	9 Cheese Ravioli w/ Marinara Sauce Tossed Salad / Asparagus WG Roll (7-8) Bosco Stix (9-12) Sliced Pears	10 Chicken & Cheese Quesadilla Mexican Rice Corn Baked Cinnamon Apples	11 Fresh Baked Pepperoni or Cheese Pizza Tossed Salad Baby Carrots Pineapple Slices
14 Popcorn Chicken Rice Pliaf Snap Peas Cornbread (9-12) Applesauce	15 Bacon Cheeseburger Lettuce, Tomato, Mushrooms Baked Beans Oven Baked Fries Cantaloupe	16 Cheesy Lasagna Roll Ups Tossed Salad California Blend Vegetables Garlic Bread Granny Smith Apple	17 Traditional or Spicy Chicken Patty Sandwich Lettuce, Tomato, Cheese Green Beans Cole Slaw Orange	18 Fresh Baked Pepperoni or Cheese Pizza Tossed Salad Baby Carrots Pineapple Tidbits
21 Sweet & Sour or General Tso Chicken Rice / Stir Fry Vegetables Egg Roll (9-12) Fortune Cookie Mandarin Oranges	22 Corn Dog Smile Potatoes Green Beans Fruit Cocktail	23 Spaghetti w/ Meat Sauce Tossed Salad Vegetable Blend Bosco Stix Gala Apple	24 Breakfast for Lunch Breakfast Bagel Sandwich (Sausage, Egg, Cheese) Hash Browns Baby Carrots Applesauce	25 Half Day Breakfast Service Only
28  MEMORIAL DAY <small>shutterstock - 191623151</small>	29 Oven Baked Chicken Potato Salad Baked Beans Fresh Baked Biscuit Watermelon	30 Cheese Tortellini w/ Marinara Sauce Tossed Salad Steamed Broccoli Bosco Stix Peaches	31 2 Soft Shell Beef or Chicken Tacos or Taco Salad Refried Beans Grapes	

News

Breakfast Smoothie
Tues and Thursday
\$2.50

Breakfast \$1.60

Includes Milk and Fruit/Juice

M- Mini Pancakes

T- Scrambled Eggs/ Muffin

W- Pancake on a Stick

Th- French Toast

F- Fresh Cinnamon Rolls or

Cheese Omelet w/ Muffin

Breakfast Sandwich

Offered Mon thru Thurs

Cereal or Cereal Bars w/ Grahams,

Yogurt with Muffin and Assorted

Pastries Offered Daily

Lunch \$3.00

All meals include Vegetable of

The Day and a Trip to

The Fruit & Vegetable Bar

Offered as Alternate Meal

M- Hamburger or Cheeseburger

T- Pizza Panini

W- Hot Wings

Th- French Dip

F- Oven Baked Chicken

Ham or Turkey Chef Salad w/ Roll

Assorted Deli Sandwiches

Yogurt Meal w/ Muffin, Cheese Stix

Baby Carrots & Fruit

Or

Hummus w/ Flatbread, Cheese Stix,

Baby Carrots & Fruit