





# SEPTEMBER 2016

## Washtenaw ISD Head Start & GSRP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2 
5 	6	7	8 	9
12	13 	14 Ham & Cheese WG Roll Up Baby Carrots Watermelon	15 WG Chicken & Cheese Quesadilla Corn Mandarin Oranges	16
19 WG Chicken Nuggets Sweet Potato Tots Granny Smith Apple	20 Hot Dog on WG Bun Baked Beans Cantaloupe	21 WG Pasta w/ Meat Sauce Tossed Salad Sliced Pears	22 WG Cinnamon French Tst Hash Brown Sausage Links Applesauce Cup	23
26 Pizza Dippers Baby Carrots Pineapple Slices	27 WG Fish Treasures Tater Tots Tropical Fruit Cocktail	28 WG Macaroni & Cheese Steamed Broccoli Grapes	29 Beef Taco Lettuce - Cheese Black Bean Fiesta Orange Wedges	30

### Breakfast & Lunch Includes Milk

#### Breakfast

M-Cheerio Cereal & Apple Juice  
T-Bagel w/ Cr Cheese & Orange Wedges  
W-Mini Pancakes & Peaches  
Th-Rice Krispy Cereal & Banana

#### Snack

M- WG Tortilla Chips & Cheese Dip  
T- WG Bunny Grahams & Raisins  
W- Yogurt & Blueberries  
Th- Oatmeal Bar & Tangerine Juice

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