




NOVEMBER 2016

Whitmore Lake Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>TO CHECK YOUR STUDENT'S LUNCH ACCOUNT BALANCE GO TO www.sendmoneytoschool.com</p>	<p>1</p> <p>Whole Grain Grilled Cheese Sandwich Tomato Soup Crackers Fresh Cucumbers Pears</p>	<p>2</p> <p>Macaroni and Cheese Steamed Broccoli Fresh Toss Salad Bread Stick Raisins</p>	<p>3</p> <p>Soft Beef or Chicken Taco Cheese, Lettuce, Tomato Refried Beans Golden Delicious Apple</p>	<p>4</p> <p>Fresh Baked Cheese or Meat Lovers Whole Grain Pizza Fresh Toss Salad / Carrots Pineapple</p>
<p>7</p> <p>Hot Dog on Whole Grain Bun Oven Baked Fries Cherry Tomatoes Peaches</p>	<p>8</p> <p>Nacho Supreme Lettuce and Tomato Fiesta Black Beans Fruit Cocktail</p>	<p>9</p> <p>Spaghetti w/ Meat Sauce Steamed Peas Fresh Toss Salad Fresh Banana</p>	<p>10</p> <p>Whole Grain Chicken Tenders Rice Malibu Blend Vegetables Country Apples</p>	<p>11</p> <p>Fresh Baked Cheese or Pepperoni Whole Grain Pizza Fresh Toss Salad / Veggie Sticks Mandarin Oranges</p>
<p>14</p> <p>Hamburger on Whole Grain Bun Lettuce and Tomato Baked Beans Fresh Grapes</p>	<p>15 Breakfast for Lunch</p> <p>Whole Grain Mini Waffles Sausage Links Hash Brown Green Beans Applesauce Cups</p>	<p>16</p> <p>Mini Ravioli Mixed Vegetables Fresh Toss Salad Whole Grain Cheesy Bread Cherry Craisins</p>	<p>17 Thanksgiving Lunch</p> <p>Oven Baked Turkey Mash Potato w Gravy Stuffing Fresh Cucumbers Fresh Apple Slices Dessert</p>	<p>18</p> <p>Fresh Cheese and Pepperoni French Bread Pizza Fresh Toss Salad / Carrots Pineapple</p>
<p>21</p> <p>Mini Corn Dog Steamed Corn Fresh Toss Salad Tropical Fruit Salad</p>	<p>22</p> <p>Whole Grain Nuggets Mashed Potato w/ Gravy Fresh Sweet Peppers Scooby Doo Crackers Fruit Cocktail</p>	<p>23</p> 	<p>24</p> 	<p>25</p> 
<p>28</p> <p>Chicken Patty Sandwich or Grilled Chicken Patty on Whole Grain Bun Lettuce and Tomato Green Beans Fresh Delicious Apples</p>	<p>29</p> <p>Whole Grain Cheese or Chicken Quesadilla Refried Beans Red Sweet Peppers Peaches</p>	<p>30</p> <p>Chicken Alfredo Steamed Broccoli Fresh Toss Salad Fresh Pear</p>	<p>TO APPLY OR RENEW FOR FREE OR REDUCED MEALS GO TO WWW.LUNCHAPP.COM</p>	 <p>Slushies served on Fridays for \$1.00</p>

News

Breakfast \$1.60

Serving 8:20 to 8:45

M-WG Breakfast Boats

T-Ch. Omelet w/ WG Muffin

W-WG Mini Pancakes

Th-WG Mini Cinnis / Cinn. Swirls

F- WG Breakfast Sliders

We also offer Yogurt w/ Gripz, Cold Cereal or Cereal Bars w/ Graham Cracker, and Warm Bagels w/ Cream Cheese. All Breakfast include a Fruit and Milk.

Lunch \$2.75

Serving 10:50 to 12:50

All lunches include milk and Fruit/Vegetable Bar.

Available as an alternative to our main entrée

M-F Chef Salad

(Turkey or Ham w/ Cheese, Fresh Vegetables, and Roll)

Mon - Wed - Fri

Ham & Cheese Sandwich w Cheez-Its

Tues & Thurs

Turkey and Cheese Sandwich w Cheez-Its

A-la-carte items will be offered to 4-6 graders for an additional cost