
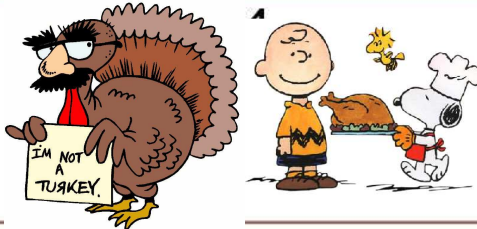




# NOVEMBER | 2017

## Whitmore Lake High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Macaroni & Cheese Tossed Salad Broccoli Cornbread (9-12) Sliced Pears	<b>2</b> Nacho Supreme Lettuce-Tomato-Blk Olives Refried Beans Peaches	<b>3</b> Fresh Baked Pepperoni or Cheese Pizza Tossed Salad Baby Carrots Pineapple Tidbits
<b>6</b> Sweet & Sour or General Tso Chicken Rice Stir Fry Vegetables Egg Roll (9-12) Fortune Cookie Mandarin Oranges	<b>7</b> Traditional or Spicy Chicken Patty Sandwich Lettuce-Tomato-Cheese Green Beans Smile Potatoes Applesauce	<b>8</b> Cheese Tortellini w/ Marinara Sauce Tossed Salad Asparagus Bosco Stix Granny Smith Apple	<b>9</b> Chili Cheese Fries Peas Cole Slaw Goldfish Crackers (7-8) Cornbread (9-12) Watermelon	<b>10</b> <b>Rake N Run</b>  <b>Breakfast Only</b>
<b>13</b> Popcorn Chicken Wild Rice Snap Peas Cheez its (7-8) Cheese bread (9-12) Apple Slices	<b>14</b> 2 Soft Shell Beef or Chicken Tacos or Taco Salad Refried Beans Peaches	<b>15</b> Thanksgiving Feast Sliced Turkey Mashed Potato w/ Gravy Sweet Potato Peas Stuffing Pumpkin or Cherry Tart	<b>16</b> Hamburger or Cheeseburger Lettuce-Tomato-Mushrooms Baked Beans Broccoli Bites Fruit Cocktail	<b>17</b> Fresh Baked Pepperoni or Cheese Pizza Tossed Salad Baby Carrots Pineapple Tidbits
<b>20</b> Chicken Nuggets Mashed Potato w/ Gravy Sweet Potato Green Beans Goldfish Crackers Sliced Pears	<b>21</b> Breakfast for Lunch Breakfast Bagel Sandwich (Saus, Egg & Cheese) Hash Browns Baby Carrots Applesauce Cup	<b>22</b> 	<b>23</b> 	
<b>27</b> Chicken Tenders Cheesy Potatoes Steamed Peas WG Roll	<b>29</b> BBQ Pork Sandwich Baked Beans Cole Slaw Mandarin Oranges Ice Cream Cup	<b>29</b> Chicken Alfredo Tossed Salad California Blend Vegetables WG Roll (9-12) Grapes	<b>30</b> Baked Potato Bar Chili, Cheese, Broccoli Add your favorite toppings Broccoli Salad Bosco Stix Sliced Pears	

**News**  
**Breakfast Smoothie**  
**Tues and Thursday**  
**\$2.50**

**Breakfast \$1.60**  
Includes Milk and Fruit/Juice  
**M- Mini Pancakes**  
**T- Sausage Gravy / Biscuit**  
**W- Mini Sausage Wraps**  
**Th- French Toast**  
**F- Fresh Cinnamon Rolls or Cheese Omelet w/ Muffin**  
**Breakfast Sandwich**  
**Offered Mon thru Thurs**  
**Cereal or Cereal Bars w/ Grahams, Yogurt with Muffin and Assorted Pastries Offered Daily**

**Lunch \$3.00**  
All meals include Vegetable of The Day and a trip to The Fruit & Vegetable Bar  
**M- Hamburger or Cheeseburger**  
**T- Pizza Panini**  
**W- Hot Wings**  
**Th- Chicken Nuggets**  
**F- Shrimp**  
**Ham or Turkey Chef Salad w/ Roll**  
**Assorted Deli Sandwiches**  
**Nacho Chip w/ Cheese Cup and Cheese Stick**