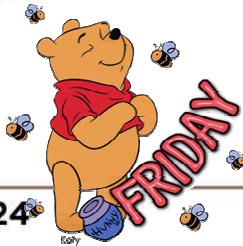




NOVEMBER | 2017

Washtenaw Head Start & GSRP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Goulash Green Beans WG Roll Sliced Peaches	2 Chicken Noodle Soup Grilled Cheese Sandwich Baked Cinnamon Apples	3
6 Chicken Tenders Smile Potatoes Craisins	7 Mini Beef Hot Dogs Baked Beans Watermelon	8 Macaroni & Cheese California Blend Vegetables Grapes	9 Cheese Pizza Broccoli Bites Red Delicious Apple	10 Turkey & Cheese Sandwich Baby Carrots Sliced Pears
13 Mini Corn Dogs Green Beans Applesauce	14 Pizza Dippers Sweet Potato Puffs Pineapple Tidbits	15 Beef Ravioli Steamed Peas WG Roll Pear	16 Mini Chicken Tacos Black Bean Fiesta Orange Wedges.	17 
20 Chicken & Cheese Quesadilla Corn Granny Smith Apple	21 Breakfast Bagel Sandwich (Saus, Egg, Cheese) Hash Brown Mandarin Oranges	22 	23 	24 
27 Sloppy Joe Baked Beans Cantaloupe	29 Grilled Chicken Sandwich Smile Potatoes Baked Cinnamon Apples	29 Lasagna Roll Up Steamed Broccoli Roll Pineapple Tidbits	30 Chicken Nuggets Mashed Potato w/ Gravy Cheez its Sliced Peaches	

Breakfast & Lunch Includes Milk

Breakfast

M – Cheerios Cereal & 100% Tangerine Juice

T – Bagel w/ Cream Cheese & Peaches

W – Mini Waffles & Applesauce

T – Cinnamon Flakes Cereal & Orange

F- Corn Pops Cereal & 100% Apple Juice

Snack

M – Tortilla Chips & Cheese Cup

T – Yogurt & Blueberries

W – Banana Muffin & Milk

T – Goldfish Crackers & Cheese Stix

F- Oatmeal Bar & 100% Berry Juice