

# Winter/Spring 2017



**Save \$15 with the  
Early Fish (EF) Price!**

Price increases:

January 20 for 100-Level Classes

March 17 for 200-Level Classes

April 7 for 300-Level Classes

## Parent & Tot (30 minute class)

Comfort and independence in the water, basic safety skills, floating, paddle on front and back, bubbles and lots of fun. A parent must accompany each child in the water.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#100	Sa	1/28-3/11	9:00-9:30a	\$55
#200	Sa,M,Tu,W,Th,F	3/25-3/31	9:00-9:30a	\$55
#300	Sa	4/22-6/3	9:00-9:30a	\$55

## Preschool (30 minute class)

Focus on water adjustment for children who are comfortable away from a parent and able to follow instructions. We will work on water entry, fully submerging in the water, blowing bubbles, and water safety.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#101	Sa	1/28-3/11	9:30-10:00a	\$55
#102	M	2/6-3/20	5:00-5:30p	\$55
#201	Sa,M,Tu,W,Th,F	3/25-3/31	9:30-10:00a	\$55
#301	Sa	4/22-6/3	9:30-10:00a	\$55
#302	M	4/17-5/22	5:00-5:30p	\$55

## Level 1 (30 minute class)

Floating, independence while paddling and kicking, water safety, and breath control. For children who are comfortable fully submerging in the water but still need to work on basic swim skills.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#110	Sa	1/28-3/11	10:00-10:30a	\$55
#111	M	2/6-3/20	5:30-6:00p	\$55
#210	Sa,M,Tu,W,Th,F	3/25-3/31	10:00-10:30a	\$55
#310	Sa	4/22-6/3	10:00-10:30a	\$55
#311	M	4/17-5/22	5:30-6:00p	\$55

## Level 2 (30 minute class)

Independent water entry (climbing and jumping into all water depths), submerge and retrieve objects from shallow end, front and back crawl without assistance, front and back float without assistance. For children who have passed Level 1.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#120	Sa	1/28-3/11	10:30-11:00a	\$55
#121	M	2/6-3/20	6:00-6:30p	\$55
#220	Sa,M,Tu,W,Th,F	3/25-3/31	10:30-11:00a	\$55
#320	Sa	4/22-6/3	10:30-11:00a	\$55
#321	M	4/17-5/22	6:00-6:30p	\$55

## Level 3 (45 minute class)

Jumping and diving into deep water, front and back crawl for 25 yards without assistance, rhythmical breathing, treading water for 1 minute, sidestroke, breaststroke and butterfly kick and personal safety. For children who have passed Level 2.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#130	Sa	1/28-3/11	11:00-11:45a	\$65
#131	Th	2/2-3/9	4:45-5:30p	\$65
#230	Sa,M,Tu,W,Th,F	3/25-3/31	11:00-11:45a	\$65
#330	Sa	4/22-6/3	11:00-11:45a	\$65
#331	Th	4/20-5/25	5:15-6:00p	\$65

## Level 4 & 5 (45 minute class)

Diving, front and back crawl, breaststroke, elementary backstroke, butterfly, treading water for two minutes, water safety, open and flip turns. For children who have passed Level 3.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#140	Sa	1/28-3/11	11:45-12:30p	\$65
#141	Th	2/2-3/9	6:30-7:15p	\$65
#240	Sa,M,Tu,W,Th,F	3/25-3/31	11:45-12:30p	\$65
#340	Sa	4/22-6/3	11:45-12:30p	\$65
#341	Th	4/20-5/25	6:00-6:45p	\$65

## Wave-Maker 101 (1 Hour class)

Focus on preparing swimmers for swim team or honing the skills of existing swim team members. We'll work on stroke technique, starts, turns, endurance and swim team terms. Must be able to swim 50 yards freestyle and backstroke, 25 yards breaststroke and butterfly. This class is not for advanced swim team members.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#150	Th	2/2-3/9	5:30-6:30p	\$65



## Whitmore Lake Community Recreation

7430 Whitmore Lake Rd

Whitmore Lake, MI 48189

734.449.4461 x3057 | www.wlps.net

- All classes must have a minimum of 3 participants.
- If minimum is not met, class is subject to cancellation.
- Watch for additional classes to be added online!
  - No class: 2/18, 2/20, 5/27

**Private Swim Lessons Available. Contact  
Chas.Sloan@wlps.net**