Fall 2017



Save \$15 with the Early Fish (EF) Price!

Price increases:
September 11 for 800-Level Classes
October 30 for 900-Level Classes

Parent & Tot (30 minute class)

Comfort and independence in the water, basic safety skills, floating, paddle on front and back, bubbles and lots of fun. A parent must accompany each child in the water.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#800	Sa	9/16-10/21	9:00-9:30a	\$55
#900	Sa	11/4-12/16	9:00-9:30a	\$55

Preschool (30 minute class)

Focus on water adjustment for children who are comfortable away from a parent and able to follow instructions. We will work on water entry, fully submerging in the water, blowing bubbles, and water safety.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#801	Sa	9/16-10/21	9:30-10:00a	\$55
#802	М	9/18-10/23	5:00-5:30p	\$55
#901	Sa	11/4-12/16	9:30-10:00a	\$55
#902	М	11/6-12/11	5:00-5:30p	\$55

Level 1 (30 minute class)

Floating, independence while paddling and kicking, water safety, and breath control. For children who are comfortable fully submerging in the water but still need to work on basic swim skills.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#810	Sa	9/16-10/21	10:00-10:30a	\$55
#811	М	9/18-10/23	5:30-6:00p	\$55
#910	Sa	11/4-12/16	10:00-10:30a	\$55
#911	М	11/6-12/11	5:30-6:00p	\$55

Level 2 (30 minute class)

Independent water entry (climbing and jumping into all water depths), submerge and retrieve objects from shallow end, front and back crawl without assistance, front and back float without assistance. For children who have passed Level 1.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#820	Sa	9/16-10/21	10:30-11:00a	\$55
#821	M	9/18-10/23	6:00-6:30p	\$55
#920	Sa	11/4-12/16	10:30-11:00a	\$55
#921	М	11/6-12/11	6:00-6:30p	\$55



Whitmore Lake Community Recreation

7430 Whitmore Lake Rd Whitmore Lake, MI 48189 734.449.4461 x3057 | www.wlps.net

Level 3 (45 minute class)

Jumping and diving into deep water, front and back crawl for 25 yards without assistance, rhythmical breathing, treading water for 1 minute, sidestroke, breaststroke and butterfly kick and personal safety. For children who have passed Level 2.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#830	Sa	9/16-10/21	11:00-11:45a	\$65
#831	Th	9/21-10/26	4:45-5:30p	\$65
#930	Sa	11/4-12/16	11:00-11:45a	\$65

Level 4 & 5 (45 minute class)

Diving, front and back crawl, breaststroke, elementary backstroke, butterfly, treading water for two minutes, water safety, open and flip turns. For children who have passed Level 3.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#840	Sa	9/16-10/21	11:45-12:30p	\$65
#841	Th	9/21-1 <mark>0/26</mark>	6:30-7:15p	\$65
#940	Sa	11/4- <mark>12/16</mark>	11:45-12:30p	\$65

Wave-Maker 101 (1 Hour class)

Focus on preparing swimmers for swim team or honing the skills of existing swim team members. We'll work on stroke technique, starts, turns, endurance and swim team terms. Must be able to swim 50 yards freestyle and backstroke, 25 yards breaststroke and butterfly. This class is not for advanced swim team members.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#850	Th	9/21-10/26	5:30-6:30p	\$65

Diving Lessons (1 Hour class)

Diving lessons are great for beginners interested in learning more about the sport or more advanced divers looking to become more competitive. Divers will learn hurdles, front dives, back dives, twists, and flips. Divers must be comfortable in deep water, able to swim back to the side of the pool safely and independently and willing to learn to enter the water head-first.

CLASS ID	DAYS	DATES	TIME	EF PRICE
#860	Sa	9/16-10/21	10:00-11:00a	\$5 5
#960	Sa	11/11-12/16	10:00-11:00a	\$4 5
		(Five Week Session)		

- All classes must have a minimum of 3 participants.
- If minimum is not met, class is subject to cancellation.
 - Watch for additional classes to be added online!
 - No class: 11/25

Private Swim Lessons Available. Contact chas.sloan@wlps.net