

Recommended Physical Education Supplies

- ✓ Small gym bag that is used for P.E. only
- ✓ Combination lock for gym locker (key locks are not permitted)
- ✓ Clean pair of athletic shoes for inside
- ✓ T-shirt and shorts for inside
- ✓ Old pair of athletic shoes that may get wet or muddy for outside
- ✓ Extra socks that may get wet for outside
- ✓ Sweatshirt and sweatpants for outside
- ✓ Towel and personal supplies for showers

I recommend a standard Master or very similar combination lock. Some of the different styles available do not fit on our lockers.

Physical Education Dress Code

- Shirts can be sleeveless, short sleeve or long sleeve. No tank tops.
- Shorts, for modesty and to allow for freedom of movement, must be loose fitting athletic shorts with at least a 7 inch inseam.
- Shoes must be athletic shoes that can be tied on securely. **No skateboarding shoes**

Whitmore Lake Physical Education t-shirts and shorts can be purchased from Mr. LaNew
T-shirts – \$6, shorts – \$10 or a set of a t-shirt and shorts – \$15