

NOVEMBER | 2025



Go Like the Wind Montessori

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

News

3 Hot Dog on WG Bun
Smile Fries
Broccoli
Peaches

4 Chicken Nuggets
Texas Beans
WG Crackers
Mandarin Oranges

5 Grilled Cheese
Celery Sticks
WG Chips
Diced Apple Cup

6 Spaghetti /Meat Sauce
Steamed Corn
Garlic Bread
Pineapple Chunks

7 WG Pizza
Red Peppers
Country Apples

10 Chicken Patty on WG Bun
Cheese
Cherry Tomato
WG Chips
Sliced Pears

11 Macaroni & Cheese
Steamed Broccoli
WG Breadstick
Oranges

12 Salisbury Steak
Mashed Potatoes
WG Rolls
Fresh Grapes

13 Walking Beef Tacos
Cheese
Refried Beans
Cinnamon Apples

14 Domino's Pizza
Carrot Sticks
Mixed Fruit

17 Hamburger on WG Bun
Cheese
Tater Tots
Orange Slices

18 WG Mini Waffles
Sausage Patty
Green Beans
Strawberry Cups

19 Cheese Quesadilla
Baked Beans
Red Peppers
Pineapple

20 Thanksgiving Lunch

Turkey Slices
Mashed Potatoes
Corn on the Cob
Corn Bread
Apple Slices

21 WG Pizza
Cherry Tomato
Pears

24 Mini Corndogs
Baked Beans
Soft Pretzel
Carrots
Peaches

25 Chicken Patty on WG Bun
Steamed Corn
WG Chips
Diced Apples
Ice Cream Cup

26

27

28

Thanksgiving Break

FREE Breakfast and Lunch for 4-year-old Primary and K -6 students.
3-year-old Primary students may purchase breakfast for \$2.25 and lunch for \$3.25.

BREAKFAST Includes Fruit, 100% Juice and 1% Low Fat Milk (White)

M – Cereal
T – Muffins
W – Bagel & Cream Cheese
Th – Yogurt
F – Breakfast Bar

LUNCH Includes 1% Low Fat Milk (White), *Fresh Fruits & Veggies

*Season Available Fresh Fruit & Veggies: Apples, Oranges, Peaches, Pears, Banana, Watermelon, Strawberries, Cucumbers, Cauliflower, Carrots