

OCTOBER | 2025

Go Like the Wind Montessori



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

News

29 Grilled Cheese Cucumber Slices Blueberries	30 Cheese Omelet Hash Browns WG Muffin Strawberry Cup	1 Chicken Patty on WG Bun Cheese Cherry Tomato Pears	2 Soft Shell Beef Taco Cheese Fiesta Beans Cinnamon Apples	3 WG Pizza Carrots Sticks Mixed Fruit
6 Hot Dog on WG Bun Baked Beans WG Chips Peaches	7 Chicken Drumstick Mashed Potato WG Roll Pineapple	8 Hamburger on WG Bun Cheese Green Beans Orange Slices	9 WG Pizza Carrots Fresh Apples	10 NO SCHOOL
13 NO SCHOOL	14 Chicken Tenders Baked Bean WG Cracker Diced Strawberries	15 Grilled Cheese Celery Sticks Fresh Grapes	16 Salisbury Steak Mashed Potato Southern Style Biscuit Watermelon	17 Domino's Pepperoni Pizza Red Peppers Mandarin Oranges
20 Mini Corndogs Baked Beans Cinnamon Apples	21 Chicken Patty on WG Bun Cheese Corn on the Cob Pears	22 WG Mini Pancakes Sausage Links Green Beans Strawberries	23 Macaroni & Cheese Steamed Broccoli Mini Garlic Bread Fresh Kiwi	24 WG Pizza Carrots Sticks Peaches
27 Hamburger on WG Bun Cheese Steamed Peas Mixed Fruit	28 Sweet & Sour Chicken Rice Pilaf Celery Sticks WG Cracker Cantaloupe	29 Cheese Quesadilla Refried Beans Carrots Watermelon	30 Cheesy Omelets Hash Brown Patty WG Muffins Mixed Fruit Salad	31 Halloween! WG Pizza Cucumber Slices Pineapple

FREE Breakfast and Lunch for 4-year-old Primary and K -6 students.

3-year-old Primary students may purchase breakfast for \$2.25 and lunch for \$3.25.

Breakfast includes Fruit, 100% Juice and 1% Low Fat Milk (White)

M – Cereal
T – Muffins
W – Bagel & Cream Cheese
Th – Yogurt
F – Cereal Bar

Lunch includes 1% Low Fat Milk (White), *Fresh Fruits & Veggies

*Season available Fresh Fruit & Veggies: Apples, Oranges, Peaches, Pears, Banana, Watermelon, Strawberries, Cucumbers, Cauliflower, Carrots