

# SEPTEMBER | 2025



*Go Like the Wind Montessori*

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**News**

<b>1</b>  <b>NO SCHOOL</b>	<b>2</b>  Mini Maple Pancakes Sausage Patties Green Beans Blueberries	<b>3</b>  Hamburger on WG Bun Cheese Tater Tots Fresh Grapes	<b>4</b>  Walking Beef Taco Cheese Refried Beans Watermelon	<b>5</b>  WG Pizza Cherry Tomato Mixed Fruit
<b>8</b>  Mini Corn Dogs Baked Vegetarian Bean Cinnamon Apples	<b>9</b>  Chicken Drumstick Redskin Potatoes WG Cracker Fresh Peaches	<b>10</b>  Soy Butter & Jelly Sandwich Yogurt Cucumber Slices WG Crackers Fresh Strawberries	<b>11</b>  Macaroni & Cheese Steamed Broccoli WG Breadstick Cantaloupe	<b>12</b>  WG Pizza Red Pepper Slices Pineapple
<b>15</b>  Hot Dog on WG Bun Smile Fries Broccoli Bites Apple Slices	<b>16</b>  WG Chicken Nuggets Texas Beans WG Cracker Mandarin Oranges	<b>17</b>  Grilled Cheese Celery & Dip Fresh Pears	<b>18</b>  Salisbury Steak Mashed Potato & Gravy WG Rolls Watermelon	<b>19</b>  WG Pizza Carrots Fresh Apples
<b>22</b>  Hamburger on WG Bun Cheese Sweet Tater Tots Peaches	<b>23</b>  Sweet & Sour Chicken Rice Pilaf Celery Sticks WG Cracker Pineapple Chunks	<b>24</b>  Cheese Quesadilla Refried Beans Steamed Corn Grapes	<b>25</b>  Spaghetti with Meat Sauce Steamed Peas Mini Garlic Bread Fresh Oranges	<b>26</b>  WG Pizza Broccoli Craisins
<b>29</b>  Grilled Cheese Cucumber Slices Fresh Blueberries	<b>30</b>  Cheese Omelet Hash Browns WG Muffin Strawberry Cup	<b>1</b>  Chicken Patty on WG Bun Cheese Cherry Tomato Pears	<b>2</b>  Soft Shell Beef Taco Cheese Fiesta Beans Cinnamon Apples	<b>3</b>  WG Pizza Carrot Sticks Mixed Fruit

**FREE Breakfast and Lunch for 4-year-old Primary and K -6 students.**  
3-year-old Primary students may purchase breakfast for \$2.25 and lunch for \$3.25.

**Breakfast includes Fruit, 100% Juice and 1% Low Fat Milk (White)**

**M – Cereal**  
**T – Muffins**  
**W – Bagels & Cream Cheese**  
**Th – Yogurt**  
**F – Cereal Bar**

**Lunch includes 1% Low Fat Milk (White), \*Fresh Fruits & Veggies**

**\*Season available Fresh Fruit & Veggies:** Apples, Oranges, Peaches, Pears, Banana, Watermelon, Strawberries, Cucumbers, Cauliflower, Carrots