



Whitmore Lake MS/HS Lunch

Wednesday

WG Biscuit

Watermelon

WG Roll

Corn

Chips

Chicken Pot Pie

Cucumber Slices

Chicken Nuggets

Strawberries

Grilled Cheese

Choice of Soup

Blueberries

WG Sub Bun

Cantaloup

Onions/Peppers

Sweet Potato Fries

Monday

Hot Dog/Coney Dog Chips Mixed Vegetables Raisins

Traditional or Spicy Chicken Patty WG Bun Tater Tots Apple Slices

Bacon Cheeseburger WG Bun Wedge Fries Baked Beans Craisins

Brunch For Lunch! Mini Pancakes Sausage Links Diced Potatoes Applesauce Cup

No School

Mango

Tuesday

Chicken Drumstick WG Roll Mashed Potatoes & Gravv Malibu Blend Vegetables Cinnamon Apples

Beef Nachos Lettuce/Tomato/Cheese Refried Beans Pineapple

Sweet and Sour Chicken WG Egg Roll Rice Pilaf California Blend Veggies Pickle Spears Mandarin Oranges

Beef or Chicken Taco Lettuce/Tomato/Cheese Fiesta Beans Tropical Fruit

Chicken Tenders WG Biscuit Rice Malibu Vegetables

Salisbury Steak WG Roll Mashed Potatoes & Gravy Galic Bread Green Beans Watermelon

Philly Cheesesteak Syb

Thursday

Spaghetti w/ Meat Sauce WG Bosco Stick Normandy Blend Vegetables Pears

Macaroni and Cheese WG Breadstick Mashed Potatoes & Gravy Steamed Broccoli Grapes

> Chicken Alfredo WG Twisted Breadstick Normandy Blend Veggies Clementine

> > Dominos Pizza Day! Pepperoni/Cheese Salad Celery/Carrots Fresh Plum

Cheese Ravioli w/ Meat Sauce Steamed Peas Peaches

Friday

Fresh Baked Pizza Pepperoni/Cheese Salad Sweet Red Peppers Smoothie Bowl

Dominos Pizza Day! Pepperoni/Cheese Salad Carrots Slushie

Fresh Baked Pizza Pepperoni/Cheese Salad Cherry Tomatoes Peach Cup

No School

Fresh Baked Pizza Pepperoni/Cheese Salad Carrots/Hummus Cup Lemon Mixed Berry

FREE LUNCH!

Choice of 1% Low Fat White or Chocolate Milk

Daily Alternative Meals Include:

Uncrustable Meal Yogurt Parfait Meal Hot Slide Options

Fruit Bar Options May Include Fresh Fruit and Vegetables Such as:

Carrots, Cucumbers, Tomatoes, Mixed Peppers, Fresh Salad, Cantaloup, Apples, Watermelon, Strawberries, Blueberries, Kiwi and Raspberries

All Meals Include a Milk, Fruit and Vegetable

Menu Subject to Change Due to Availability

