

OCTOBER | 2021

Whitmore Lake High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27

Chicken Patty Sandwich on
Whole Grain Bun
French Fries
Carrots
Applesauce Cup

28

Salisbury Steak
Mashed Potatoes
Corn
Fruit Cup

29

Chicken Drumstick
Stuffing
Candied Carrots
Banana

30

Hamburger or Cheeseburger on
Whole Grain Bun
French Fries
Cole Slaw
Pear

1

French Bread Pizza
Salad
Carrots

4

Mini Tacos
Refried Beans
Fried Rice
Carrots
Fruit Cup

5

Mini Sliders
French Fries
Baked Beans
Pear

6

Chicken Drumstick
Stuffing
Green Beans
Apple

7

Macaroni and Cheese
Whole Grain Roll
Steamed Broccoli
Salad
Applesauce Cup

8

Pizza
Salad
Tomato
Fruit Cup

11

Chicken Strips
Mashed Potatoes
Peas
Grapes

12

Burrito
Refried Beans
Rice
Fruit Cup

13

Ham & Cheese Hot Pocket
Chips
Salad
Watermelon

14

No School

15

No School

18

No School

19

Hamburger or Cheeseburger on
Whole Grain Bun
French Fries
Cucumber
Applesauce Cup

20

Chicken Patty Sandwich on
Whole Grain Bun
French Fries
Broccoli
Orange

21

Tomato Soup
Grilled Cheese
Carrots
Applesauce Cup

22

Pizza
Salad
Tomato
Pineapple

25

French Toast
Hash Brown
Sausage
Carrots
Applesauce Cup

26

Ham & Cheese on Hawaiian Roll
French Fries
Broccoli
Apple

27

Bosco Sticks
Marinara
Salad
Cucumber
Grapes

28

Chicken Nuggets
Mashed Potatoes & Gravy
Corn
Fruit Cup

29

Pizza
Salad
Tomato
Pineapple

News

Free Breakfast

Students will pick-up breakfast
on their way to the classroom.
Serving 7:40am-7:50am

Includes Milk, Fruit, Juice

Breakfast Bagel, Cereal, Muffins or

M - Chocolate Chip French Toast

T - Mini Pancakes

W - Breakfast Boat

Th - French Toast

F - Fresh Baked Cinnamon Roll

Free Lunch

Includes Milk

A Lunch 10:57am to 11:27am

B Lunch 12:00pm to 12:30pm

Alternatives:

Uncrustable and Chips

Yogurt Meal

Large Salad

Deli Sandwich and Chips

Hot Entrée

A limited amount of à la carte
items will be for sale.

Menu is subject to change

Due to supply chain shortages, fruit and vegetables may vary depending on availability.