



Kindergarten Readiness Tips



*There are so many fun things you can do with your child to prepare them for school and life!
Here is a list of ideas:*

Reading, Writing, and Language

- Listen to or read a story everyday.
- Look at baby pictures and talk about them.
- Draw pictures of your favorite food.
- Talk to an adult about a problem. Find three solutions to the problem. Choose one and solve the problem.
- Check out books from the public library.
- Draw a picture of your family. Try to write their names.
- Write and draw on the sidewalk with chalk.
- Find all the letters you know on a cereal box.
- Visit the Free Little Library on the WLES playground. Pick a book.
- Write your name in three different colors.
- Tell someone how you feel today.
- Play “following directions”. Have an adult give you a direction and see how many directions you can follow!
- Tell someone the reasons why you love them.
- Tell someone thank you today.



Mathematics

- Count how many people are in your family.
- Set the table. Count the forks, knives, and spoons you need.
- Line up your family from tallest to shortest. Describe what you have done.
- Cook something-help with the measuring.
- Sort your toys.
- Lie in the grass and look at the clouds. What shapes do you see?
- Count how many steps it takes you to walk from one location to another.
- Help with laundry-sort clothes into different colors or match the socks.
- Make a pattern with toys.
- Look for shapes all around you. Where do you see a rectangle? Circle? Triangle? Square?
- Count how many times you can bounce a ball.



Life Skills

- Know your first and last name.
- Learn your parent's first and last names.
- Learn how to tie your shoes.
- Make a sandwich.
- Use the bathroom...all by yourself!
- Learn your parent's phone number.
- Call a family member and ask them how they are doing.
- Help take out the trash or recyclables.
- Learn how to button, snap, and zip.
- Get dressed...all by yourself!
- Clean up your room.
- Go to bed on time. Get at least 10 hours of sleep!
- Hang up your coat.
- Wash your hands before you eat and after you use the bathroom.
- Have a conversation with your family. Wait for your turn to talk.
- Pack your own bag for a day out.
- Clean up your dishes.
- Help a friend or family member with a job.
- Brush your teeth twice a day.



Motor Development-Big Muscles and Little Muscles

- Play big body games such as tag and hopscotch.
- Walk on the Barker Road Play Path. Try out the games painted on the path.
- Ride a bike, scooter, tricycle, big wheel.
- Practice writing your name.
- Go swimming with an adult.
- Visit the WLES playground and play.
- Throw, catch, or roll a ball with a friend.
- Cut paper into strips, scraps, and shapes with scissors.
- Hop on one foot 10 times. Switch feet and hop again.
- Visit the playground at Jennings Field and play.
- Play with Playdough.
- Go for a walk with an adult. Can you hop, skip, or gallop part of the way?
- Draw a picture for someone.



We look forward to seeing you in kindergarten at WLES !