# Summer 2020



### Save \$15 with the Early Fish (EF) Price!

Price increases:
June 5 for 400-Level Classes
June 29 for 500-Level Classes
June 26 for 600-Level Classes
July 10 for 700-Level Classes

#### Parent & Tot (30 minute class)

Comfort and independence in the water, basic safety skills, floating, paddle on front and back, bubbles and lots of fun. A parent must accompany each child in the water.

<b>CLASS ID</b>	DAYS	DATES	TIME	<b>EF PRICE</b>	
#500	Sa	7/11-8/22	9:00-9:30a	\$55	
Preschool (30 minute class)					

Focus on water adjustment for children who are comfortable away from a parent and able to follow instructions. We will work on water entry, fully submerging in the water, blowing bubbles, and water safety.

<b>CLASS ID</b>	DAYS	DATES	TIME	EF PRIC
#401	MTW	6/15-6/24	8:30-9:00a	\$55
#501	Sa	7/11-8/22	9:30-10:00a	\$55
#601	MTW	7/6-7/15	8:30-9:00a	\$55
#701	MTW	7/20-7/29	8:30-9:00a	\$55

#### Level 1 (30 minute class)

Floating, independence while paddling and kicking, water safety, and breath control. For children who are comfortable fully submerging in the water but still need to work on basic swim skills.

CLASS ID	DAYS	DATES	TIME	<b>EF PRICE</b>
#410	MTW	6/15-6/24	9:00-9:30a	\$55
#510	Sa	7/11-8/22	10:00-10:30a	\$55
#610	MTW	7/6-7/15	9:00-9:30a	\$55
#710	MTW	7/20-7/29	9:00-9:30a	\$55

#### Level 2 (30 minute class)

Independent water entry (climbing and jumping into all water depths), submerge and retrieve objects from shallow end, front and back crawl without assistance, front and back float without assistance. For children who have passed Level 1.

CLASS ID	DAYS	DATES	TIME	<b>EF PRICE</b>
#420	MTW	6/15-6/24	9:30-10:00a	\$55
#520	Sa	7/11-8/22	10:30-11:00a	\$55
#620	MTW	7/6-7/15	9:30-10:00a	\$55
#720	MTW	7/20-7/29	9:30-10:00a	\$55

#### Level 3 (45 minute class)

Jumping and diving into deep water, front and back crawl for 25 yards without assistance, rhythmical breathing, treading water for 1 minute, sidestroke, breaststroke and butterfly kick and personal safety. For children who have passed Level 2.

<b>CLASS ID</b>	DAYS	DATES	TIME	<b>EF PRICE</b>
#430	MTW	6/15-6/24	10:00-10:45a	\$65
#530	Sa	7/11-8/22	11:00-11:45a	\$65
#630	MTW	7/6-7/15	10:00-10:45a	\$65
#730	MTW	7/20-7/29	10:00-10:45a	\$65

#### E Level 4 & 5 (45 minute class)

Diving, front and back crawl, breaststroke, elementary backstroke, butterfly, treading water for two minutes, water safety, open and flip turns. For children who have passed Level 3.

<b>CLASS ID</b>	DAYS	DATES	TIME	<b>EF PRICE</b>
#440	MTW	6/15-6/24	10:45-11:30a	\$65
#540	Sa	7/11-8/22	11:45-12:30p	\$65
#640	MTW	7/6-7/15	10:45-11:30a	\$65
#740	MTW	7/20-7/29	10:45-11:30a	\$65

#### **Diving Lessons (1 Hour class)**

Diving lessons are great for beginners interested in learning more about the sport or more advanced divers looking to become more competitive. Divers will learn hurdles, front dives, back dives, twists, and flips. Divers must be comfortable in deep water, able to swim back to the side of the pool safely and independently and willing to learn to enter the water head-first.

CLASS ID DAYS DATES TIME EF PRICE
Join our summer dive team or watch for this class in September!

No classes will be held on 7/18

Additional classes will be added online as registration progresses. If you're not able to register for your desired class, join the waitlist. We're often able to accommodate all waitlist registrations.



## Whitmore Lake Community Recreation

7430 Whitmore Lake Rd Whitmore Lake, MI 48189 734.449.4461 x3057 | www.wlps.net

- All classes must have a minimum of 3 participants.
- If minimum is not met, class is subject to cancellation.

Private Swim Lessons Available. Contact kelli.strong@wlps.net