



MARCH | 2020

Washtenaw Head Start and GSRP

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2
Hot Dog on WG Bun
Baked Beans
Fruit Cocktail

3
Chicken Alfredo
Steamed Peas
Mixed Berry Cup

4
Salisbury Steak
Mashed Potato w/ Gravy
Scooby Doo Crackers
Fresh Gala Apple

5 *Breakfast for Lunch*
Breakfast Sandwich
(Egg, Cheese & Sausage)
Green Beans
Applesauce



9
WG Mini Corn Dogs
Corn
Tropical Fruit

10
WG Chicken Smackers
Malibu Blend Vegetables
Country Apples

11
Spaghetti w/ Meat Sauce
Steamed Broccoli
Pears

12
Nacho Supreme
Lettuce
Refried Beans
Apple Slices

13

16
Hamburger on WG Bun
Cheese and Lettuce
Oven Baked Fries
Grapes

17
Chicken Taco
Cheese, Lettuce and Tomato
Tossed Salad
Frozen Fruit Cup

St. Patrick Day! 

18
WG Chicken Tenders
Steamed Carrots
Raisins

19
Goulash
Mixed Vegetables
Watermelon Slices



23
WG Chicken Patty on WG Bun
Cheese and Lettuce
Baked Beans
Pineapple

24
Hot Ham and Cheese Sandwich
Sweet Tater Tots
Strawberry Cup

25
Macaroni and Cheese
Northwest Vegetables
Peaches

26
Chicken Nuggets
Mash Potato w/ Gravy
Golden Delicious Apple
Rice Krispie Treat

27



31



2



News

**Breakfast & Lunch
Includes 1% White Milk**

**All Juice served is
100% Juice**

Breakfast

M-WG Kix Cereal
w/ Tangerine Juice
T-Omelet w/ WG Muffin
w/ Oranges Wedges
W-WG Pancakes
w/ Mixed Fruit
TH-WG Apple Frudel
w/ Cinnamon Apples

Snack

M- WG Graham Crackers
w/ Applesauce
T-Cottage Cheese
w/ Strawberries
W-Yogurt w/ Granola
T-Turkey Coins
w/ Baby Carrots