








DECEMBER | 2019

Washtenaw Head Start and GSRP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Hot Dog on WG Bun Sweet Tater Tots Tropical Fruit	3 Spaghetti w/ Meat Sauce Broccoli Pears	4 WG Chicken Sticks Peas WG Roll Orange Slices	5 Nacho Supreme Lettuce Refried Beans Apple Slices	6
9 Hamburger on WG Bun Cheese and Lettuce Oven Seasoned Fries Grapes	10 Chicken Taco Cheese and Lettuce Corn Peaches	11 <i>Breakfast for Lunch</i> WG Breakfast Sandwich (Egg, Cheese & Sausage) Hash Brown Mixed Fruit	12 WG Chicken Nuggets Squash Mixed Berry Cup	13 WG Pizza Rolls Tossed Salad Mandarin Oranges
16 Grilled Chicken on WG Bun Lettuce Baked Beans Red Delicious Apple	17 WG Macaroni and Cheese Malibu Vegetables Raisins	18 WG Grilled Cheese Sandwich Broccoli Bites Fruit Cocktail	19 WG Chicken Tenders Cheesy Potatoes Strawberry Cup	20 ½ Day of School Breakfast will be served
23 	24 			27 
30		1	2 	3

**Breakfast & Lunch
Includes 1% White Milk**

**All Juice served is
100% Juice**

Breakfast

M-WG Cinn. Chex Cereal w/
Apple Juice
T- WG Bagel with Jam w/
Orange Wedges
W-WG Pancakes w/
Cinnamon Apples
TH-WG Banana Muffin w/
Peaches
F-WG Oatmeal Bar w/
Applesauce Cup

Snack

M- Granola Bar w/
Dried Cherries
T-Cottage Cheese w/
Pineapple
W-Yogurt w/ Scooby Doo
Crackers
T-Turkey Coins w/
Cheese Stick
F-Tortilla Chips w/
Cheese Cup