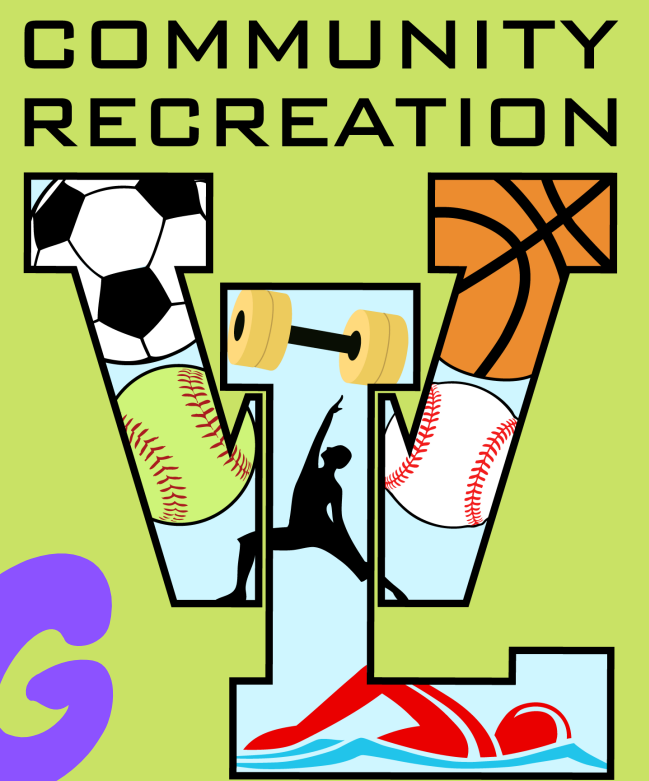


**WHITMORE LAKE
COMMUNITY RECREATION**

FAMILY & KID FRIENDLY CARDIO DRUMMING



Cardio drumming is a fun 45 minute moderate to high intensity group workout! If you like music and a good sweat, this is a great way to get active!

ALL EQUIPMENT PROVIDED. SPOTS ARE LIMITED.

ALL AGES WELCOME

TUESDAYS, 4 P.M.-4:45 P.M.

JANUARY 14-MARCH 24

WLES CAFETERIA

\$45/11 WEEKS

DROP-IN FOR \$8

NO CLASS ON NO SCHOOL DAYS

**REGISTER
BY JANUARY 7
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**HI! I'M TIFFANY,
YOUR TEACHER!
I'M A WLPS PARENT
AND EXCITED TO
HAVE FUN WITH
YOU ALL!**



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