

OCTOBER | 2019



Whitmore Lake High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>To check your student's balance or add funds: www.sendmoneytoschool.com To apply or renew for free and reduced meals: www.lunchapp.com</p>	<p>1 Spaghetti w/ Meat Sauce or Marinara Tossed Salad Green Beans Grapes</p>	<p>2 Chicken Nuggets Mashed Potatoes w/ Gravy Steamed Carrots WG Roll (9-12) Banana</p>	<p>3 BBQ Pork Sandwich Potato Wedges Baked Beans Applesauce Cup</p>	<p>4 Fresh Baked Pepperoni or Cheese Stuffed Crust Pizza or Buffalo Chicken Pizza Tossed Salad Broccoli Raisins</p>	<p><u>News</u> Breakfast \$1.75 Serving 7:30am-7:50am Includes Milk, Fruit, Juice</p> <p><i>M- French Toast T-Breakfast Boat W-Pancake on a Stick Th-Choc Chip French Toast F-Cheese Omelet w/ Muffin or Fresh Baked Cinnamon Roll</i></p> <p>Mon - Thurs Breakfast Sandwiches Variety of Cereal & Pastries Offered Daily.</p> <p>Lunch \$3.25 Serving 10:56 to 12:29 T-Th 11:24 to 12:47 Lunch includes Vegetable of the Day, Fruit/Vegetable Bar and a Milk.</p> <p><i>Available as an alternative to our main entrée.</i></p> <p>M-Bosco Sticks T-Chicken Smackers W-Pizza Th-Reg or Spicy Chicken Patty F-Oven Roasted Chicken</p> <p>We offer a variety of Paninis and a Salad Bar Daily for \$3.50</p>
<p>7 Cheeseburger Lettuce-Tomato-Mushroom Texas Ranchero Beans Dried Cherries Cookie</p>	<p>8 Chili Cheese Fries Red Peppers Bread Stick Watermelon</p>	<p>9 Chicken Alfredo Tossed Salad Malibu Blend Vegetables Apple Slices</p>	<p>10 Breakfast for Lunch Breakfast Bagel Sandwich (Sausage-Egg-Cheese) Hash Browns Broccoli Bites Strawberry Cup</p>	<p>11 Fresh Baked Pepperoni or Cheese Stuffed Crust Pizza Tossed Salad Cucumbers Pineapple Tidbits</p>	
<p>14 Beef Ravioli Tossed Salad Corn Garlic Twist Orange</p>	<p>15 Popcorn Chicken Rice Pilaf Cauliflower Peas Mixed Berry Cup <i>National</i></p>	<p>16 Baked Potato Bar Chili, Cheese, Broccoli Add your favorite toppings Celery / Carrots WG Rolls Applesauce <i>School Lunch</i></p>	<p>17 Nacho Supreme Lettuce-Tomato-Black Olives Refried Beans Peaches <i>Week!!!!</i></p>	<p>18 Fresh Baked Pepperoni or Cheese Stuffed Crust Pizza or Buffalo Chicken Pizza Tossed Salad / Carrots Fruit Cocktail 100% Fruit Slushie</p>	
<p>21 No School</p>	<p>22 2 Soft Shell Beef or Chicken Tacos or Taco Salad Lettuce-Tomato-Cheese Taco Fiesta Black Beans Granny Smith Apple</p>	<p>23 Mini Corn Dogs Northwest Blend Baked Beans Banana</p>	<p>24 Macaroni & Cheese Tossed Salad Steamed Broccoli WG Roll Peach Cup</p>	<p>25 Marco's Pizza Tossed Salad Cherry Tomatoes Pineapple Tidbits Ice Cream Cup</p>	
<p>28 Oven Fried Chicken Chicken Rice Pilaf Baked Beans Corn Cornbread Pear</p>	<p>29 Lasagna Roll Up w/ Marinara Tossed Salad Green Beans Bread Stick Peaches Jell-O cup</p>	<p>30 Chicken Tenders Steamed Carrots Cauliflower WG Roll Red Delicious Apple</p>	<p>31 Fresh Baked Pepperoni or Cheese Stuffed Crust Pizza or Buffalo Chicken Pizza Tossed Salad Broccoli Bites Mandarin Oranges</p>	<p>1</p>	