

# OCTOBER | 2019

## Whitmore Lake Elementary School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30

To check your student's balance or add funds:  
[www.sendmoneytoschool.com](http://www.sendmoneytoschool.com)  
To apply or renew for free and reduced meals:  
[www.lunchapp.com](http://www.lunchapp.com)

1

*Deli Day*

Assorted Meats and WG Breads  
Cheese, Lettuce, Tomato  
Three Bean Salad  
Red Delicious Apple

2

Goulash  
Mixed Vegetables  
Toss Salad  
Graham Crackers  
Watermelon Slices

3

Chicken Nuggets  
Mash Potato with Gravy  
Baked Beans  
Mixed Berry Cup

4

Fresh Baked Cheese or Pepperoni Pizza  
Toss Salad  
Cauliflower Bites  
Pineapple

7

Hot Dog or Coney Dog  
Sweet Tater Tots  
Fresh Cucumber Slices  
Peach Cup

8

Spaghetti w/ Meat Sauce  
Asparagus  
Toss Salad  
WG Roll  
Pears

9

Chicken Pot Pie  
Fresh Baked Biscuit  
Steamed Peas  
Applesauce  
Jell-O Cup

10

Nacho Supreme  
Lettuce and Tomato  
Black Bean Salad  
Fresh Apple Slices

11

Fresh Baked Cheese Pizza or Ham Pizza  
Toss Salad  
Veggie Sticks  
Mandarin Oranges

14

Hamburger  
Lettuce, Tomato and Pickle  
Oven Seasoned Fries  
Grapes

15

Soft Beef or Chicken Taco  
Cheese, Lettuce and Tomato  
Texas Beans  
Fresh Orange Slice

*National*

16

Salisbury Steak  
Mashed Potato w/ Gravy  
Toss Salad  
Scooby Doo Crackers  
Fresh Gala Apple

*School*

*Lunch*

17

Sweet and Sour Chicken  
Fried Rice  
Stir Fry Vegetables  
Fortune Cookie  
Mixed Fruit

*Week!!*

18

Marco Cheese or Pepperoni Pizza  
Toss Salad  
Broccoli Bites  
Pineapple  
Ice Cream Sandwich

21

**No School**

22

Grilled Chicken or Chicken Patty Sandwich  
Lettuce and Tomato  
Baked Beans  
Strawberry Cup

23

Chicken Tenders  
Smile Potatoes  
Pepper Slices  
Raisins

24

Mini Ravioli  
Steamed Broccoli  
Toss Salad  
Cheesy Bread  
Peaches

25

Pizza Bites or Pizza Rolls  
Toss Salad  
Carrot Sticks  
Mandarin Oranges

28

Mini Corn Dogs  
Baked Beans  
Cherry Tomatoes  
Fruit Cocktail

29

Macaroni and Cheese  
Malibu Vegetables  
Toss Salad  
Bread Stick  
Fresh Pear

30

Chicken Smackers  
Steamed Carrots  
Country Apples  
WG Cookie

31

*Halloween Breakfast*

Spider Web Waffle  
Sausage Links  
Hash Brown  
Green Beans  
Applesauce Cup

1

### News

**Breakfast \$1.75**

**Serving 5-6 7:35 to 7:50**

**K-4 8:20 to 8:50**

**Breakfast includes  
Fruit/Juice and Milk**

**M-French Toast**

**T-Mini Pancake Wraps**

**W-Omelet with Muffin**

**Th-Breakfast Boats**

**F-Cinnamon Swirls**

**We also offer Cold Cereal or  
Cereal Bars w/ Graham  
Cracker, and Warm Bagels w/  
Cream Cheese.**

**Lunch \$2.75**

**Serving 10:50 to 12:25**

**Lunch includes  
Fruit/Vegetable Bar and Milk**

**Available as an alternative to  
our main entrée**

**Mon – Wed – Fri**

**Ham & Cheese Sandwich**

**Tues - Thurs**

**Turkey & Cheese Sandwich**

**A-la-carte items will be offered  
to 4-6 graders for an additional  
cost.**