SEPTEMBER | 2019



Whitmore Lake Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 ★★★★★★ LABOR DAY ★★★★★★	3 Chicken Nuggets Mash Potato with Gravy Cherry Tomato Michigan Dried Cherries	4 Macaroni and Cheese Steamed Broccoli Toss Salad Garlic Breadstick Peaches	Nacho Supreme Lettuce and Tomato Refried Beans Fresh Apple Slices	Fresh Baked Cheese or Pepperoni Pizza Toss Salad Fresh Carrot Sticks Pineapple	Breakfast \$1.75 Serving 5-6 7:35 to 7:50 K-4 8:20 to 8:50 Breakfast includes Fruit/Juice and Milk M-Apple Frudel T-Mini Pancakes W-Omelet with Muffin Th-Cinnamon Swirls F-Breakfast Sliders We also offer Cold Cereal or Cereal Bars w/ Graham Cracker, and Warm Bagels w/ Cream Cheese. Lunch \$2.75 Serving 10:50 to 12:25 Lunch includes Fruit/Vegetable Bar and Milk Available as an alternative to our main entrée Mon - Wed - Fri Ham & Cheese Sandwich Tues - Thurs Turkey & Cheese Sandwich A-la-carte items will be offered to 4-6 graders for an additional
9 Sloppy Joe Smile Potato Fresh Pepper Slices Fruit Cocktail	10 Soft Beef or Chicken Taco Cheese, Lettuce, Tomato Taco Beans Fresh Orange Slices	11 Chicken Smackers Rice Pilaf Malibu Blend Vegetables Country Apples	12 Mini Beef Ravioli Mixed Vegetables Fresh Toss Salad WG Pretzel Watermelon Wedges	13 Fresh Baked Cheese Pizza or Pizza Rolls Toss Salad Cauliflower Bites Mandarin Oranges	
16 Hot Dog Sweet Tater Tots Fresh Cucumber Slices Peach Cup	17 Spaghetti w/ Meat Sauce Northwest Vegetables Fresh Toss Salad WG Roll Pears	18 Cheeseburger Lettuce and Tomato Oven Seasoned Fries Fresh Grapes National Day!!	19 Chicken Tenders Baked Beans Pepper Slices Cantaloupe	Personal Cheese or Pepperoni Pizza Toss Salad Broccoli Bites Rice Krispie Treat Pineapple	
Grilled Chicken or Chicken Patty Sandwich Lettuce and Tomato Baked Beans Strawberry Cup	24 Salisbury Steak Mashed Potato w/ Gravy Fresh Pepper Slices Animal Crackers Fresh Gala Apple	25 Chicken Alfredo Asparagus Toss Salad Mixed Berry Cup	26 Breakfast for Lunch French Toast Sticks Hash Brown Green Beans Applesauce Cup	27 Fresh Baked Cheese Pizza or Ham Pizza Toss Salad Veggie Sticks Mandarin Oranges	
30 Mini Corn Dog Corn Cherry Tomato Tropical Fruit Salad	1	2 Important Message	www.sendmon To apply or renew for f www.lung	s balance or add funds: seytoschool.com free and reduced meals: chapp.com will expire on October 6, 2019	cost

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