

MAY | 2019

Washtenaw Head Start and GSRP



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	30	1 Ham and Cheese Sandwich Mixed Vegetables Grapes	2 Goulash Tossed Salad WG Roll Pears	3
6 WG Mini Corn Dog Steamed Corn Peaches	7 WG Chicken Nuggets Steamed Carrots Dried Cranberries	8 Mini Beef Ravioli Green Beans WG Roll Watermelon Wedges	9 Nacho Supreme Lettuce and Tomato Refried Beans Fresh Apple Slices	10 Pizza Dipper Toss Salad Pineapple
13 Hamburger On WG Bun Lettuce and Tomato Oven Seasoned Fries Fruit Cocktail	14 Beef Taco Cheese and Lettuce Taco Beans Fresh Orange Slices	15 WG Macaroni and Cheese Steamed Broccoli Pears	16 Turkey and Cheese Sandwich Tossed Salad Tropical Fruit Salad	17
20 Chicken Patty on WG Bun Lettuce Baked Beans Fruit Cocktail	21 Salisbury Steak Mash Potato with Gravy WG Graham Crackers Fresh Delicious Apple	22 Spaghetti w/ Meat Sauce Peas Peaches	23 WG Chicken Smackers Rice Pilaf Steamed Carrots Country Apples	24 WG Soy Butter and Jelly Sandwich Cucumber Wedges Pineapple
27 	28 Hot Dog on WG Bun Corn Mixed Fruit	29 <i>Breakfast for Lunch</i> WG Mini Pancakes Sausage Links Green Beans Applesauce Cup	30 WG Chicken Tenders Tater Tots Raisins	31

News

**Breakfast & Lunch
Includes 1% White Milk**

**All Juice served is
100% Juice**

Breakfast

M-WG Chex w/
Tangerine Juice
T- WG Mini Pancakes w/
Applesauce
W-WG Bagel w/ Jam & Mandarin
Oranges
T-WG French Toast w/ Apple
Slices
F-WG Cheerios w/ Apple Juice

Snack

M-Banana Muffin w/ Orange
Slices
T-Yogurt w/ Strawberries
W-WG Goldfish Crackers w/
Cheese Stix
T-Cottage Cheese with Peaches
F-Ham Roll-ups with Animal
Crackers