

APRIL | 2019

Whitmore Lake High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Cheeseburger
Lettuce-Tomato-Mushrooms
Broccoli Salad
Granny Smith Apple

2

Chicken Nuggets
Mashed Potato w/ Gravy
Kale & Apple Salad
Sliced Pears

3

Spaghetti w/ Meatballs
Tossed Salad
Steamed Peas
Bosco Breadstix
Orange Wedges

4

Nacho Supreme
Lettuce-Tomato-Black Olives
Refried Beans
Sliced Peaches

5

Fresh Baked Pepperoni or
Cheese Stuffed Crust Pizza
Or Buffalo Chicken Pizza
Tossed Salad
Baby Carrots
Pineapple Tidbits

8

Traditional or Spicy
Chicken Sandwich
Lettuce-Tomato-Cheese
Oven Baked Fries
Fuji Apple

9

SAT/PSAT Testing

Breakfast Only

10

Lasagna Roll Up
Tossed Salad
Green Beans
WG Roll
Mixed Fruit

11

Chicken & Cheese Quesadilla
Mexican Rice
Corn
Orange Wedges

12

Fresh Baked Pepperoni or
Cheese Rolled Edge Pizza
Or Flatbread Pizza
Tossed Salad
Baby Carrots
Pineapple Slices

15

Chicken Tenders
Sweet Potato & Apple Bake
Corn
WG Roll
Mixed Fruit

16 Soup in a Bread Bowl

Homemade Chili, Potato or
Broccoli Soup
Tossed Salad
Cheese Stix
Apple Slices

17

Chicken Alfredo
Tossed Salad
California Blend Vegetables
Bosco Stix (9-12)
Baked Cinnamon Apples

18

Marco's Pizza Day
Tossed Salad
Baby Carrots
Pineapple Tidbits

19

22

Popcorn Chicken
Mashed Potato w/ Gravy
Mixed Vegetables
WG Roll
Sliced Peaches

23

2 Soft Shell Beef or Chicken
Tacos or Taco Salad
Lettuce-Tomato-Cheese
Refried Beans
Orange Wedges

24

Spaghetti w/ Italian Meat
Sauce
Tossed Salad
Seasoned Cauliflower
WG Roll
Sliced Pears

25

Baked Potato Bar

Chili, Cheese, Broccoli
Add your favorite toppings
Tossed Salad
Bosco Breadstix
Cinnamon Applesauce

26

Fresh Baked Pepperoni or
Cheese Rolled Edge Pizza
Or Flatbread Pizza
Tossed Salad
Vegetable Medley
Sliced Pineapple

29

Sweet & Sour or General Tso
Chicken with Rice
Snap Peas
Fortune Cookie
Egg Roll (9-12)
Mandarin Oranges

30 Breakfast for Lunch

French Toast
Hash Browns
Sausage
Baby Carrots
Applesauce

1

2

3

Breakfast Smoothie
Offered Tues & Thurs
Made with Yogurt, Milk
Fruit, Served w/ Muffin

Breakfast \$1.60
Includes Milk, Fruit, Juice
M- Mini Pancakes
T-French Toast
W-Pancake on a Stick
Th-Breakfast Burrito
F-Cheese Omelet w/ Muffin or
Fresh Baked Cinnamon Roll
Mon - Thurs
Breakfast Sandwich offered
Assorted Cereal & Pastries
Offered Daily

Lunch \$3.00
All Meals Include Milk,
Vegetable of the Day and a
Trip to our Fruit & Veggie Bar

M- Cheeseburger
T-Pizza Panini
W-Hot Wings/Cornbread
Th-Pizza Panini
F-Popcorn Shrimp/Smiles

Salad Bar Offered Daily