

APRIL | 2019

Whitmore Lake High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Cheeseburger Lettuce-Tomato-Mushrooms Broccoli Salad Granny Smith Apple	2 Chicken Nuggets Mashed Potato w/ Gravy Kale & Apple Salad Sliced Pears	3 Spaghetti w/ Meatballs Tossed Salad Steamed Peas Bosco Breadstix Orange Wedges	4 Nacho Supreme Lettuce-Tomato-Black Olives Refried Beans Sliced Peaches	5 Fresh Baked Pepperoni or Cheese Stuffed Crust Pizza Or Buffalo Chicken Pizza Tossed Salad Baby Carrots Pineapple Tidbits
8 Traditional or Spicy Chicken Sandwich Lettuce-Tomato-Cheese Oven Baked Fries Fuji Apple	9 SAT/PSAT Testing Breakfast Only	10 Lasagna Roll Up Tossed Salad Green Beans WG Roll Mixed Fruit	11 Chicken & Cheese Quesadilla Mexican Rice Corn Orange Wedges	12 Fresh Baked Pepperoni or Cheese Rolled Edge Pizza Or Flatbread Pizza Tossed Salad Baby Carrots Pineapple Slices
15 Chicken Tenders Sweet Potato & Apple Bake Corn WG Roll Mixed Fruit	16 Soup in a Bread Bowl Homemade Chili, Potato or Broccoli Soup Tossed Salad Cheese Stix Apple Slices	17 Chicken Alfredo Tossed Salad California Blend Vegetables Bosco Stix (9-12) Baked Cinnamon Apples	18 Marco's Pizza Day Tossed Salad Baby Carrots Pineapple Tidbits	
22 Popcorn Chicken Mashed Potato w/ Gravy Mixed Vegetables WG Roll Sliced Peaches	23 2 Soft Shell Beef or Chicken Tacos or Taco Salad Lettuce-Tomato-Cheese Refried Beans Orange Wedges	24 Spaghetti w/ Italian Meat Sauce Tossed Salad Seasoned Cauliflower WG Roll Sliced Pears	25 Baked Potato Bar Chili, Cheese, Broccoli Add your favorite toppings Tossed Salad Bosco Breadstix Cinnamon Applesauce	26 Fresh Baked Pepperoni or Cheese Rolled Edge Pizza Or Flatbread Pizza Tossed Salad Vegetable Medley Sliced Pineapple
29 Sweet & Sour or General Tso Chicken with Rice Snap Peas Fortune Cookie Egg Roll (9-12) Mandarin Oranges	30 Breakfast for Lunch French Toast Hash Browns Sausage Baby Carrots Applesauce	1	2	3

Breakfast Smoothie
Offered Tues & Thurs
Made with Yogurt, Milk
Fruit, Served w/ Muffin

Breakfast \$1.60
Includes Milk, Fruit, Juice
M- Mini Pancakes
T-French Toast
W-Pancake on a Stick
Th-Breakfast Burrito
F-Cheese Omelet w/ Muffin
Or Fresh Baked Cinnamon
Roll

Mon - Thurs
Breakfast Sandwich offered
Assorted Cereal & Pastries
Offered Daily

Lunch \$3.00
All Meals Include Milk,
Vegetable of the Day & a
trip to our Fruit & Veggie Bar

M- Cheeseburger
T-Pizza Panini
W-Hot Wings/Cornbread
Th-Pizza Panini
F-Popcorn Shrimp/Smiles

Salad Bar Offered Daily