

# **MARCH** 2019

# Whitmore Lake High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25	26	27	28	1
				Fresh Baked Pepperoni or Cheese Stuffed Crust Pizza Or Buffalo Chicken Pizza Tossed Salad Baby Carrots Sliced Pineapple
4	5	6	7	8
Chicken Tenders Seasoned Potato Wedges Orange Glazed Carrots Sliced Pears	Polish Sausage Potato Cheese Pierogi Cucumbers w/ Dill Sauce Orange Wedges	Macaroni & Cheese Tossed Salad Steamed Broccoli WG Roll (9-12) Grapes	Nacho Supreme Lettuce-Tomato-Black Olives Refried Beans Fuji Apple	Fresh Baked Pepperoni or Cheese Rolled Edge Pizza or Flatbread Pizza Tossed Salad Sliced Red Pepper Strips Pineapple Tidbits
11	12	13	14 Baked Potato Bar	15
Popcorn Chicken Cheesy Potatoes Brussel Sprouts WG Roll Mixed Fruit	Chicken Nuggets Wild Rice Roasted Butternut Squash Cornbread Granny Smith Apple	Jumbo Cheese Ravioli w/ Marinara Tossed Salad Mixed Vegetables Garlic Toast (9-12) Sliced Peaches	Chili, Cheese, Broccoli Add your favorite toppings Broccoli Salad Bosco Stix Sliced Pears	Fresh Baked Pepperoni or Cheese Stuffed Crust Pizza Or Buffalo Chicken Pizza Tossed Salad Baby Carrots Sliced Pineapple
18	19	20	21 Breakfast for Lunch	22
Sweet & Sour or General Tso Chicken Rice Stir Fry Vegetables Fortune Cookie Egg Roll (9-12) Mandarin Orange	2 Soft Shell Beef or Chicken Tacos or Taco Salad Lettuce-Tomato-Cheese Refried Beans Red Delicious Apple	Chicken Alfredo Tossed Salad California Blend Vegetables Bosco Stix (9-12) Grapes	Breakfast Bagel Sandwich (Sausage-Egg-Cheese) Hash Browns Baby Carrots Applesauce	Half Day Breakfast Only
P 3	26	27	28	29

## News

Breakfast Smoothie Offered Tues & Thurs Made with Yogurt, Milk Fruit, Served w/ Muffin or Cereal Bar

#### Breakfast \$1.60

Includes Milk, Fruit, Juice
M- Mini Pancakes
T-Pancake on a Stick
W-French Toast
Th-Scrambled Eggs/Muffin
F-Cheese Omelet w/ Muffin
or Fresh Baked Cinnamon
Roll

Mon – Thurs - Breakfast Sandwich offered Assorted Cereal & Pastries Offered Daily

### **Lunch \$3.00**

All Meals Include Milk,
Vegetable of the Day and a
Trip to our Fruit & Veggie
Bar
M- Chicken Breast
Sandwich
T-Pizza Panini
W-Hot Wings/Cornbread
Th-Pizza Panini

F-Popcorn Shrimp/Smiles Salad Bar Offered Daily