



FEBRUARY | 2019

Washtenaw Head Start & GSRP

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28



29

30

31

1

4

Coney or Hot Dog
Baked Bean
Fruit Cocktail

5

Popcorn Chicken
Rice
Green Beans
Cherry Craisins

6

Goulash
Toss Salad
Peaches

7

Nacho Supreme
Lettuce
Refried Beans
Fresh Apple Slices

8

11

Cheeseburger
Oven Seasoned Fries
Fuji Apple

12

Chicken Taco
Cheese, Lettuce
Black Bean Salad
Mandarin Oranges

13

Spaghetti w/ Meatballs
Mixed Vegetables
Pears

14

Chicken Nuggets
Mash Potato with Gravy
Country Apples

15

18

No School

19

Grilled Chicken Sandwich
Sweet Tater Tots
Peach Cup

20

Breakfast for Lunch
Mini Pancakes
Sausage Links
Hash Brown
Applesauce Cup

21

Ham and Cheese Sandwich
Baked Beans
Fruit Cocktail

22

Marco Pizza
(Cheese Pizza)
Toss Salad
Pineapple

25

Mini Corn Dog
Corn
Tropical Fruit Salad

26

Salisbury Steak
Mashed Potato w/ Gravy
Fresh Gala Apple

27

Macaroni and Cheese
Steamed Broccoli
Raisins

28

Chicken Tenders
Glazed Baby Carrots
Strawberry Cup



News

Breakfast & Lunch
Includes Milk

Breakfast
M-Chex Cereal &
Apple Juice
T-Mini Pancakes &
Applesauce
W-Bagel w/ Cream Cheese
Jam & Orange Slices
Th-Banana Muffin &
Peaches
F-Kix & Tangerine Juice

Snack
M-Teddy Grahams w/
Cheese Stick
T-Pretzel w/ Cheese Cup
W-Yogurt w/ Strawberries
Th-Animal Cracker w/
Tangerine Juice
F- Oatmeal Bar w/ Raisins