



OCTOBER | 2018

Whitmore Lake Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Sloppy Joe Baked Beans Cherry Tomatoes Fresh Red Delicious Apple	2 Chicken Tenders Potato & Cheese Pierogies Red Pepper Strips Strawberry Cup	3 Mini Beef Ravioli Mixed Vegetables Fresh Toss Salad Pretzel Watermelon Wedges	4 Cheeseburger Sliders Smile Fries Cucumber Slices Fruit Cocktail	5 Fresh Baked Cheese Pizza or Pizza Rolls Fresh Toss Salad Fresh Carrot Sticks Mandarin Oranges 100% Fruit Slushies
8 Grilled Chicken or Chicken Patty Sandwich Lettuce and Tomato Sweet Tater Tots Peach Cups	9 <i>Deli Day</i> Assorted Meats and WG Breads Cheese, Lettuce, Tomato Cole Slaw Fresh Cantaloupe	10 Spaghetti w/ Meat Sauce Fresh Asparagus Fresh Toss Salad Fruit Snack Pears	11 Nacho Supreme Lettuce and Tomato Black Bean & Corn Salad Fresh Apple Slices	12 Personal Cheese or Pepperoni Pizza Fresh Toss Salad Veggie Stix Pineapple
15 Mini Corn Dog Steamed Corn Cherry Tomato Tropical Fruit Salad	16 Soft Beef or Chicken Taco Cheese, Lettuce, Tomato Refried Beans Salsa & Sour Cream Pudding Cup Fresh Orange Slices	17 Macaroni and Cheese Steamed Broccoli Fresh Toss Salad Garlic Breadstick Raisins	18 Chicken Smackers Rice Pilaf Malibu Blend Vegetables Country Apples	19 Fresh Bread Cheese or Ham Pizza Fresh Toss Salad Fresh Broccoli Bites Mandarin Oranges
22 Coney or Hot Dog Baked Beans Fresh Carrot Sticks Fruit Cocktail	23 Salisbury Steak Mashed Potato w/ Gravy Fresh Cucumbers WG Graham Crackers Fresh Delicious Apple	24 Goulash Northwest Blend Vegetables Fresh Toss Salad WG Roll Peaches	25 Oven Fried Chicken Steamed Peas Pasta Salad Rice Krispie Treat Cherry Craisins	26 Fresh Bread Cheese or Pepperoni French Bread Pizza Fresh Toss Salad Fresh Cauliflower Bites Pineapple
29 Hamburger Lettuce and Tomato Oven Seasoned Fries Fresh Grapes	30 <i>Breakfast for Lunch</i> Breakfast Sandwich (Egg, Cheese & Sausage) Hash Brown Green Beans Applesauce Cup	31 Chicken Nuggets Mashed Potato w/ Gravy Fresh Cherry Tomato WG Roll Whole Fruit Cup	<div data-bbox="556 1031 1033 1101" data-label="Text"> <p> <i>National Lunch Week!!!!</i> </p> </div>	
		HAPPY HALLOWEEN!	<div data-bbox="955 1339 1407 1526" data-label="Text"> <p>To check your students balance or add funds: www.sendmoneytoschool.com To apply or renew for free or reduced meals: www.lunchapp.com <i>Applications from last year will expire on October 16, 2018</i></p> </div>	

News

Fresh Local Michigan Produce
Used for our Fresh Fruits and Vegetables

Breakfast \$1.60
Serving 5-6 7:35 to 7:50
K-4 8:20 to 8:50

Breakfast include a Fruit/Juice and Milk.

M- Mini Waffles
T- Cheese Omelet w/ WG Muffin
W-French Toast Bites
Th- Mini Cinnis or Cinnamon Swirls
F- Breakfast Boats
We also offer Yogurt w/ Gripz, Cold Cereal or Cereal Bars w/ Graham Cracker, and Warm Bagels w/ Cream Cheese.

Lunch \$2.75
Serving 10:50 to 12:25
Lunches include Fruit/Vegetable Bar and Milk.

Available as an alternative to our main entrée
M-F Chef Salad (Turkey or Ham w/ Cheese, Fresh Vegetables, and Roll)
Mon - Wed - Fri
Ham & Cheese Sandwich
Tues & Thurs
Turkey and Cheese Sandwich

A-la-carte items will be offered to 4-6 graders for an additional cost