

MARCH 2018

Whitmore Lake High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	t Week begins Marc ast and be eligible t t Card		Chicken Tenders Wild Rice Peas WG Roll Mandarin Oranges	Fresh Baked Pepperoni or Cheese Pizza Tossed Salad Baby Carrots Pineapple Tidbits
Chicken Nuggets Mashed Potato w/ Gravy Sweet Potato Mixed Vegetable WG Roll Grapes	BBQ Pork Sandwich Baked Beans Potato Wedges Orange Ice Cream Cup	Cheese Tortellini w/ Marinara Sauce Tossed Salad Asparagus Bosco Stix Peaches	Traditional or Spicy Chicken Patty Sandwich Cole Slaw Green Beans Granny Smith Apple	Fresh Baked Pepperoni or Cheese Pizza Tossed Salad Baby Carrots Pineapple Tidbits
12 Chicken & Cheese Quesadilla Mexican Rice Corn Grapes	Mini Corn Dogs Oven Baked Fries Steamed Peas Orange Wedges	Cheesy Lasagna Roll Up With Marinara Sauce Tossed Salad Broccoli WG Roll (9-12) Peaches	Nacho Supreme Lettuce, Tomato, Blk Olives Refried Beans Pears	Fresh Baked Pepperoni or Cheese Pizza Tossed Salad' Baby Carrots Pineapple Tidbits
Sweet & Sour or General Tso Chicken Rice Stir Fry Vegetables Egg Roll (9-12) Fortune Cookie Mandarin Oranges	2 Soft Shell Beef or Chicken Tacos or Taco Salad Refried Beans Watermelon	21 Chicken Alfredo Tossed Salad California Blend WG Roll (9-12) Sliced Peaches	Deli Day Assorted Meat & Cheese on Croissant or Sub Bun Lettuce, Tomato, Pickles Baked Chips Marinated Vegetable Salad Granny Smith Apple	23 Half Day No Lunch
20	27	28	29	30

<u>News</u> <u>Breakfast Smoothie</u> Tues and Thursday

\$2.50

Breakfast \$1.60

Includes Milk and Fruit/Juice
M-Mini Pancakes
T- Scrambled Eggs w/ Biscuit
W- Pancake on a Stix
Th- French Toast
F-Fresh Cinnamon Rolls or
Cheese Omelet w/ Muffin
Breakfast Sandwich
Offered Mon thru Thurs
Cereal or Cereal Bars w/ Grahams,
Yogurt with Muffin and Assorted
Pastries Offered Daily

Lunch \$3.00

All meals include Vegetable of
The Day and a trip to
The Fruit & Vegetable Bar
M-Hamburger or Cheeseburger
T-Pizza Panini
W-Hot Wings
Th- Chicken Patty Sandwich
F- Popcorn Shrimp
Ham or Turkey Chef Salad w/Roll
Assorted Deli Sandwiches
Nacho Chip w/Cheese Cup and
Cheese Stick